

19th North American Regional Men's Classic Bench Press Championships

Panama City / Panama, 23 – 25 October, 2025

Division «Open»

#	Name	Born	Team	BP
-59kg				
1.	Carter-Hughes Isaac	1997	Canada	112.5
2.	Herrera Roberto	2000	Panama	95.0
3.	Grant Shay	1995	Trinidad and Tobago	92.5
-66kg				
1.	Solomon Jack	2000	U.S.America	140.0
2.	Miranda Jonathan	1999	Canada	135.0
3.	Delgado Ruben	1992	Panama	80.0
-74kg				
1.	Logrande Derek	1993	U.S.America	190.0
2.	Howard Seth	1997	U.S.America	175.0
3.	Klaus Jeremy	1991	Canada	170.0
4.	Nguyen Jonathan	1998	Canada	150.0
5.	Merida Zaldana Jorge Manuel	1994	Guatemala	140.0
6.	Mason Crelan	1992	Trinidad and Tobago	125.0
-83kg				
1.	McLellan Ryan	1993	Canada	192.5
2.	Serrano Ivan	1997	Mexico	180.0
3.	Us Chavez Jorge Luis	1991	Guatemala	150.0
4.	Abdul Malick Sabir	1995	Trinidad and Tobago	130.0
-93kg				
1.	Hrichishen Daniel	1995	Canada	220.0
2.	Farzam Khashayar	1993	Canada	205.0
3.	Abuzzid Hasan	1987	Panama	180.0
4.	Hernandez Mario Moises	1991	Guatemala	160.0
5.	Dominguez Angel	1996	Panama	152.5
6.	Altamirano Javier Dimitry	1998	Costa Rica	125.0
7.	Hernandez Aguilar Jorge	1985	Costa Rica	120.0
-105kg				
1.	Nelson Shaquille	1993	Trinidad and Tobago	190.0
2.	Saldana Jose	1992	Panama	175.0
3.	Mendoza Leonardo	2000	Panama	172.5
^R 4.	Usher Khalid	1997	Belize	165.0
5.	Chen Garcia Jose Antonio	1990	Guatemala	160.0
6.	Myvett Ezekiel	1987	Belize	155.0
-120kg				
1.	Hunte Rondel	1996	Trinidad and Tobago	250.5
120+kg				
1.	Wright Jeremy	1996	U.S.America	215.0
2.	Chavez Benavides Adrian	1995	Costa Rica	190.0
3.	Veytia Diego	1999	Mexico	185.0
4.	Guerra Ajvatz Jonathan Alexander	1994	Guatemala	170.0
5.	Centella German	2000	Panama	155.0

In Division there are 35 Lifters (In Teams:34 In Reserve:1)

Division «Subjuniors»

#	Name	Born	Team	BP
-53kg				
1.	Wang Nathan	2008	U.S.America	80.0
-59kg				
1.	Soto Samuel	2007	Mexico	120.0
2.	Gentle Masato	2008	U.S.America	97.5
-66kg				
1.	Salazar Nicolas	2010	Mexico	120.0
2.	Galves Derek	2009	Panama	102.5
-74kg				
1.	Canova Marcus	2007	U.S.America	132.5
-93kg				
1.	Ambrocio Armando	2007	Mexico	162.5
-105kg				
1.	Romero Axel	2007	Mexico	160.0
2.	Luna Xander	2008	Mexico	140.0
-120kg				
1.	Diaz Jorge	2007	Mexico	162.5

In Division there are 10 Lifters

Division «Juniors»

#	Name	Born	Team	BP
-59kg				
1.	Santiago Alexis	2004	Mexico	115.0
2.	Herzog Hugh	2006	U.S.America	100.0
-66kg				
1.	Chanaba Marcelo	2005	U.S.America	137.5
2.	Ontiveros Alejandro	2003	Mexico	130.0
3.	Seung Won Lee	2002	Canada	130.0
-74kg				
1.	Bougadis Joshua	2005	Canada	132.5
2.	Wojick Brandon	2002	Canada	127.5
3.	Antosanti Leonardo	2006	Puerto Rico	87.5
-83kg				
1.	Aaron Dawson	2003	U.S.America	180.0
2.	Perry Billy	2003	U.S.America	157.5
3.	Maharaj Keshav	2003	Trinidad and Tobago	117.5
-93kg				
1.	Miranda Alan	2005	U.S.America	177.5
2.	Bolanos Jose	2004	Mexico	172.5
3.	Hashempour Daniel	2005	U.S.America	140.0
-105kg				
1.	Smith Ashton	2005	U.S.America	170.0
-120kg				
1.	Evitch Broc	2004	U.S.America	227.5
2.	Lopez Gerardo	2002	Mexico	142.5
120+kg				

1. Valenzuela Alberto 2002 Mexico 155.0

In Division there are 18 Lifters

Division «Masters I»

#	Name	Born	Team	BP
-74kg				
1.	Cotte Doel	1981	Puerto Rico	125.5
2.	Herrera Victor	1984	Mexico	112.5
-83kg				
1.	Losa Jonathan	1982	U.S.America	175.0
2.	Anderson Mark	1980	Canada	140.0
-93kg				
1.	Austin Llalando	1979	U.S.America	180.0
2.	Jimenez Tomas	1985	Panama	165.0
3.	Pacheco Cesar	1982	Mexico	165.0
4.	Hosten Dale	1985	Trinidad and Tobago	145.0
5.	Contreras Gabino	1984	Mexico	145.0
-105kg				
1.	Campos Porfirio	1979	Mexico	190.5
2.	Primrose George	1980	Canada	150.0
3.	Williams Orion	1984	Trinidad and Tobago	142.5
4.	Cruz Jeremiah	1977	U.S.America	117.5
5.	Aguilar Juventino	1977	Mexico	95.0
-120kg				
1.	James Addul	1985	Panama	205.0
120+kg				
^R 1.	Jean Sr. Michael	1979	U.S.America	190.0
2.	Cameron Kenneth	1976	U.S.America	187.5
3.	Antiocho Arturo	1980	Panama	25.0

In Division there are 18 Lifters (In Teams:17 In Reserve:1)

Division «Masters II»

#	Name	Born	Team	BP
-66kg				
1.	Petrencak Steve	1968	U.S.America	135.0
2.	Solomon Todd	1970	U.S.America	120.0
-74kg				
1.	Williams Sean	1971	U.S.America	147.5
2.	Keenan Patrick	1966	U.S.America	130.0
-83kg				
1.	Ross Jason	1969	U.S.America	150.0
2.	Akpan Mfon	1973	U.S.America	122.5
-93kg				
1.	Avila Jaime	1971	Panama	25.0
-105kg				
1.	Walter Chris	1971	U.S.America	205.0
2.	Aguilar Nelson	1974	Panama	25.0

In Division there are 9 Lifters

Division «Masters III»

19th North American Regional Men's Classic Bench Press
Championships

#	Name	Born	Team	BP
-74kg				
1.	Fronzaglia Damian	1965	U.S.America	168.0
-83kg				
1.	Sturman Howard	1958	U.S.America	155.0
2.	Sides Daniel	1956	U.S.America	130.0
-93kg				
1.	Chasin Scott	1964	U.S.America	127.5
-105kg				
1.	Eliassaint Jean-Philippe	1962	Canada	177.5
2.	Wetter John	1962	U.S.America	152.5
3.	Falcone Ron	1961	U.S.America	105.0
-120kg				
1.	Magnuson Mark	1964	Canada	125.0
2.	Velasquez Hugo	1959	Costa Rica	25.0
120+kg				
1.	Campbell William	1957	U.S.America	187.5

In Division there are 10 Lifters

Division «Masters IV»

#	Name	Born	Team	BP
-83kg				
1.	Levine Kenneth	1953	U.S.America	132.5
-93kg				
1.	Loniakan Shahriar	1954	U.S.America	100.0
2.	Dear Dusty	1952	Canada	80.0

In Total there are 103 Lifters (In Teams:101 In Reserve:2)