

19th North American Regional Women's Equipped Bench Press Championships

Panama City / Panama, 23 – 25 October, 2025

Division «Open»

#	Name	Born	Team	BP
-63kg				
1.	Shuttleworth Maura	1976	U.S.America	120.0
2.	Caballero Magdaleis	1995	Panama	65.0
-84kg				
1.	Vargas Saborio Adriana	1989	Costa Rica	175.0
84+kg				
1.	Baez Joan	1986	Puerto Rico	132.5
2.	Drew Samantha	1995	U.S.America	95.0
-69kg				
1.	Ruiz Yessica	1988	Mexico	82.5
2.	Montenegro Vanessa	1993	Panama	80.0
-76kg				
1.	Cigaran Gabriela	1990	Panama	25.0

In Division there are 8 Lifters

Division «Subjuniors»

#	Name	Born	Team	BP
-47kg				
1.	Bell Chloe	2007	U.S.America	100.0
-63kg				
1.	Ugalde Isabel	2007	Costa Rica	110.0

In Division there are 2 Lifters

Division «Masters I»

#	Name	Born	Team	BP
-57kg				
1.	Reyes Jessica	1983	Mexico	115.0
-63kg				
^R 1.	Clough Faith	1982	U.S.America	75.0
84+kg				
1.	Wages Sarah	1981	U.S.America	160.0

In Division there are 3 Lifters (In Teams:2 In Reserve:1)

Division «Masters II»

#	Name	Born	Team	BP
-57kg				
1.	Wilson Kim	1968	U.S.America	75.0
-63kg				
1.	Carlascio Michelle	1971	U.S.America	72.5
-84kg				
1.	Harris Michal	1970	U.S.America	72.5
-76kg				
1.	Sproul Jillian	1972	Canada	107.5

In Division there are 4 Lifters

Division «Masters III»

#	Name	Born	Team	BP
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Press Championships

-57kg

^R 1. Justice Dora	1957	U.S.America	90.0
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-63kg

1. Perez Socorro	1959	Mexico	95.0
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In Total there are 19 Lifters (In Teams:17 In Reserve:2)