# 19th North American Regional Men's Equipped Bench Press Championships Panama City / Panama, 23 – 25 October, 2025

_					_		
п		,,,	110	'n	· «O	no	<b>n</b>
u	ıv	415	ıu	,,,,	" " U	ve	1177

#	Name	Born	Team	BP
-74kg				
1.	Batista Javier	1991	Panama	130.0
-93kg				
1.	Mamola Adam	1977	U.S.America	280.0
2.	Dominguez Angel	1996	Panama	25.0
-105kg				
1.	Ugalde Guerrero Steven	1994	Costa Rica	220.0
2.	Saldana Jose	1992	Panama	25.0
-120kg				
1.	Sheridan Sigstad	1994	Canada	210.0
2.	Aguilar Cascante Luis	1992	Costa Rica	190.0
120+kg				
1.	Campos Murillo Carlos	1979	Costa Rica	305.0
			In Division th	ere are 8 Lifters

## **Division «Subjuniors»**

#	Name	Born	Team	BP
-53kg				
1.	Rivera Ricardo	2010	Panama	40.0
-105kg				
1.	Flores Ulloa Bjorn	2007	Costa Rica	105.0
			In Division	there are 2 Lifters

#### **Division «Iuniors»**

#	Name	Born	Team	ВР
-93kg				
1.	Barcelos Vince	2002	Canada	182.5
2.	Yang Glay	2002	Canada	152.5
			In Division tl	nere are 2 Lifters

#### **Division «Masters I»**

# Name	Born	Team	BP
3. Losa Jonathan	1982	U.S.America	205.0
4. Jimenez Tomas	1985	Panama	192.5
-105kg			
<ol> <li>Rivera Ricardo Ramon</li> </ol>	1985	Panama	205.0
120+kg			
<ol> <li>Macdonald John</li> </ol>	1983	Canada	275.0
		In Division th	ere are 4 Lifters

## **Division «Masters II»**

#	Name	Born	Team	BP
-74kg				
<sup>R</sup> 1.	Petrencak Steve	1968	U.S.America	152.5
-120kg				
1.	Alvarado Alex	1974	Puerto Rico	200.0

# In Division there are 2 Lifters ( In Teams:1 In Reserve:1 )

#### **Division «Masters III»**

#	Name	Born	Team	ВР
-74kg				
1.	Rodriguez Michael	1961	U.S.America	178.0
2.	Sides Daniel	1956	U.S.America	142.5
-93kg				
1.	Cencich Thomas	1960	U.S.America	175.0
2.	Rosenzweig Dana	1957	U.S.America	135.0
-105kg				
1.	Falcone Ron	1961	U.S.America	142.5
-120kg				
1.	Ramirez Luis	1965	Mexico	170.0
2.	Keller Robert	1962	U.S.America	162.5
3.	Magnuson Mark	1964	Canada	157.5
4.	Velasquez Hugo	1959	Costa Rica	25.0
120+kg	J			
1.	Campbell William	1957	U.S.America	185.0

In Total there are 28 Lifters ( In Teams:27 In Reserve:1 )