

19th North American Regional Men's Equipped Bench Press Championships

Panama City / Panama, 23 – 25 October, 2025

The Entry List of Representatives

| # | Name | Team | Duty |
|-----|---------------------------------|---------------------|---------------------------------|
| 1. | Alas Jacqueline | Belize | Coach - Referee [NFR] |
| 2. | Baki Joseph | Belize | Coach |
| 3. | Usher Khalid | Belize | Coach - Athlete [NFR] |
| 4. | Usher. Khalid | Belize | Official |
| 5. | Smith Justin | Canada | Head Coach |
| 6. | Sproul Jillian | Canada | Assistant Coach - Athlete [NFR] |
| 7. | Acabal Colindres Hugo Leonel | Guatemala | Coach |
| 8. | Alvarado Alex | Puerto Rico | Coach - Referee [NFR] |
| 9. | Baez Joan | Puerto Rico | Coach - Referee [NFR] |
| 10. | Cotte Doel | Puerto Rico | Assistant Coach - Athlete [NFR] |
| 11. | Alleyne Deresay | Trinidad and Tobago | Assistant Coach - Athlete [NFR] |
| 12. | Belfon Lawrence Marlon | Trinidad and Tobago | Head Coach |
| 13. | Grant Shay | Trinidad and Tobago | Assistant Coach - Athlete [NFR] |
| 14. | Hosten Dale | Trinidad and Tobago | Assistant Coach - Athlete [NFR] |
| 15. | Hunte Rondel | Trinidad and Tobago | Coach - Athlete [NFR] |
| 16. | Nelson Shaquille | Trinidad and Tobago | Assistant Coach - Athlete [NFR] |
| 17. | Ramnath Ow Buland Kellie | Trinidad and Tobago | Assistant Coach |
| 18. | Keller Robert | U.S.America | IPF Official |
| 19. | Petrencak Steve | U.S.America | Head Coach |
| 20. | Rosenzweig Dana | U.S.America | Coach |