

**World Women's Masters Classic Powerlifting Championships****Cape Town / South Africa, 10 – 19 October, 2025****Division «Masters I»**

#	Name	Born	Team	SQ	BP	DL	Total
<b>-47kg</b>							
1.	Inamassu Renata	1978	Brazil	110.0	67.5	127.5	305.0
2.	Kapteina Britt	1983	Germany	100.0	57.5	130.0	287.5
3.	Duprat Marie	1983	France	107.5	47.5	130.0	285.0
4.	Dhole Sangeeta	1985	India	110.0	50.0	125.0	285.0
5.	Paskin Katie	1981	Great Britain	90.0	55.0	135.0	280.0
6.	Alves Erica	1984	Brazil	100.0	52.5	115.0	267.5
7.	Tsukida Risa	1979	Japan	95.0	52.5	117.5	265.0
8.	Shindo Kazuyo	1979	Japan	90.0	55.0	112.5	257.5
<b>-52kg</b>							
1.	Pilnikova Lenka	1983	Great Britain	130.0	90.0	155.0	375.0
2.	Hinchley Megan	1981	Australia	117.5	67.5	150.0	335.0
3.	Sritao Kingthong	1979	Thailand	127.5	54.0	152.5	334.0
4.	Pham Thao	1983	Australia	117.5	72.5	132.5	332.5
5.	Botha Farzana	1985	South Africa	100.0	72.5	155.0	327.5
6.	Rerkpisut Nopparat	1984	Thailand	105.0	50.0	165.5	318.0
7.	Romero Claudia	1984	U.S.America	112.5	52.5	152.5	317.5
8.	Valle Tarryn	1978	South Africa	100.0	52.5	142.5	295.0
9.	Bouteilloux Marie	1977	France	100.0	45.0	145.0	290.0
<sup>R</sup> 10.	Carragher Sandhya	1982	South Africa	100.0	55.0	135.0	290.0
11.	Mailly Evelyne	1977	France	102.5	57.5	130.0	290.0
12.	Ferreira Daniela	1978	Brazil	95.0	55.0	112.5	262.5
<b>-57kg</b>							
1.	Rummens Elise	1981	Belgium	138.0	75.5	192.5	402.5
2.	Bermudez Doce Zoraida	1983	Spain	140.0	92.5	167.5	390.0
3.	Burke Sandra	1976	Ireland	121.0	62.5	182.5	366.0
4.	Drackford Emma	1979	Great Britain	140.0	67.5	152.5	360.0
5.	Inamdar Dr	1983	India	127.5	75.0	150.0	352.5
6.	Rubel Lindsay	1977	U.S.America	132.5	80.0	137.5	350.0
7.	Treimer Jasmin	1976	Germany	107.5	60.0	160.0	327.5
8.	Melo Guzman Norma	1977	Peru	117.0	62.5	147.5	327.0
9.	Slater Mary	1977	Australia	102.5	70.0	150.0	322.5
10.	Reis Silmara	1976	Brazil	117.5	65.0	137.5	320.0
11.	Thomas Melissa	1982	Canada	100.0	60.0	137.5	297.5
12.	Rosas Sophie	1977	France	100.0	57.5	130.0	287.5
<b>-63kg</b>							
1.	Yardy Hannah	1982	Great Britain	157.5	97.5	197.5	448.5
2.	Sauter Jennifer	1979	U.S.America	158.0	85.0	182.5	425.5
3.	Hendryx Molly	1983	U.S.America	150.0	80.0	190.0	420.0
4.	Woodward Catherine	1979	Great Britain	142.5	90.0	162.5	395.0
5.	Akinsanya Morayo	1982	Canada	143.5	75.0	170.0	380.0
6.	Robertson Brooke	1980	Canada	135.0	75.0	170.0	380.0
7.	Lourenco Gisele	1982	Brazil	130.0	70.0	177.5	377.5
8.	Cullum Camilla	1985	Denmark	128.0	75.0	166.0	369.0
9.	Saristavros Victoria	1981	Australia	127.5	70.0	171.0	368.5

10.	Fabre Isabelle	1977	France	142.5	77.5	145.0	365.0
<sup>R</sup> 11.	Leighton Cynthia	1980	Canada	127.5	87.0	145.0	359.5
12.	Bernard Anne	1978	France	122.5	65.0	165.0	352.5
<sup>R</sup> 13.	Hollerin Amanda	1985	Canada	137.5	62.5	145.0	345.0
14.	Zihlavski Justine	1978	Germany	110.0	70.0	115.0	295.0
<b>-84kg</b>							
1.	Goldstein Alexis	1981	U.S.America	177.5	107.5	225.5	510.5
2.	Van Zyl-Swart Chanel	1983	New Zealand	180.0	90.0	220.0	490.0
3.	Costa Zolyome Iolanda	1977	Brazil	180.0	105.0	200.0	485.0
<sup>R</sup> 4.	Alderete Jessica	1984	U.S.America	177.5	105.0	197.5	480.0
5.	Teirney Hira	1982	Great Britain	165.0	90.0	212.5	467.5
6.	Salkin Alexis	1981	Australia	150.0	105.5	192.0	447.5
<sup>R</sup> 7.	Bradshaw Elis	1981	U.S.America	167.5	90.0	177.5	435.0
8.	Klempner Sandi	1983	Canada	165.0	92.5	172.5	430.0
9.	Etienne Alba	1982	France	155.0	75.0	182.5	412.5
10.	Moloele Phokwane	1977	South Africa	140.0	75.0	167.5	382.5
11.	Gernandt Naira	1985	Germany	150.0	70.0	155.0	375.0
12.	Yang Yunie	1981	Singapore	130.5	83.0	160.0	373.5
13.	Ngwenya Zanele	1979	South Africa	132.5	77.5	150.0	360.0
<b>84+kg</b>							
1.	Copeland Melissa	1977	U.S.America	215.0	140.5	210.0	575.5
2.	Kalinkina Olessya	1985	Kazakhstan	200.0	125.0	200.0	525.0
3.	Bitterova Zuzana	1984	Czechia	190.0	107.5	172.5	455.0
4.	Banu Kazi Gulshan	1978	India	160.0	65.0	185.0	410.0
5.	Sanchez Rhonda	1982	Trinidad and Tobago	168.0	72.5	167.5	408.0
6.	Jones Lauren	1977	South Africa	150.0	90.0	165.0	405.0
<sup>R</sup> 7.	Townsend Michele	1976	South Africa	122.5	60.0	140.0	322.5
<sup>R</sup> 8.	Gilfillan Robyn	1978	South Africa	110.0	70.0	140.0	320.0
9.	Mahapatra Bharati	1981	India	85.0	60.0	115.0	260.0
<b>-69kg</b>							
1.	Compilli Anglea	1978	U.S.America	160.0	105.0	198.0	463.0
2.	Crawford Tamara	1984	Great Britain	147.5	82.5	205.0	435.0
3.	Archambault Emmanuelle	1976	Canada	145.0	96.0	192.5	433.5
4.	Ajay Deepa	1979	India	158.0	87.5	183.5	429.0
5.	Nieminen Olga	1982	Finland	157.5	87.5	170.0	415.0
6.	Schwarz Astrid	1984	South Africa	145.0	83.0	155.0	383.0
7.	Singleton-Kaplan Dana	1976	US Virgin Islands	140.0	72.5	160.0	372.5
8.	Kannemeyer Kristl	1983	South Africa	130.0	85.0	147.5	362.5
<sup>R</sup> 9.	Kobus Amanda	1983	South Africa	122.5	62.5	152.5	337.5
10.	Barlieu Laurence	1977	France	117.5	57.5	150.0	325.0
<sup>R</sup> 11.	Walford Kimberly	1978	US Virgin Islands	25.0	25.0	25.0	75.0
12.	Tavares Cicera	1976	Brazil	25.0	25.0	25.0	75.0
<b>-76kg</b>							
1.	McNeal Dayna	1984	U.S.America	202.5	102.5	255.0	560.0
2.	o'Neil Carole	1977	Great Britain	147.5	100.0	182.5	430.0
3.	Mayani Hemant	1983	India	155.0	85.0	170.0	410.0
4.	Marangoni Pia	1978	South Africa	153.0	77.5	172.5	403.0

**In Division there are 84 Lifters ( In Teams:75 In Reserve:9 )**

**Division «Masters II»**

#	Name	Born	Team	SQ	BP	DL	Total
<b>-47kg</b>							
1.	Yoshioka Yuri	1971	Japan	110.0	62.5	115.0	277.5
2.	Thomas Smitha	1975	India	97.5	52.5	125.0	275.0
3.	Nolting Andrea	1975	U.S.America	87.5	50.0	97.5	235.0
<b>-52kg</b>							
1.	Pence Adriana	1975	U.S.America	135.0	62.5	161.0	358.5
2.	Buxbom Eva	1969	Denmark	110.0	62.5	150.0	322.5
3.	Obara Takako	1975	Japan	110.0	70.0	115.0	295.0
4.	Lane Angelina	1969	Great Britain	102.5	60.0	127.5	290.0
5.	Verlaine Geraldine	1970	France	85.0	73.0	115.0	273.0
6.	Barry Elisabeth	1973	South Africa	77.5	37.5	105.0	220.0
<b>-57kg</b>							
1.	Kriel Antoinette	1971	South Africa	127.5	75.0	175.0	377.5
2.	Vishnoi Ekta	1974	India	125.0	65.0	160.0	350.0
3.	Gibiino Anna	1975	Great Britain	122.5	70.0	155.0	347.5
4.	Pihlaja Ritva	1966	Finland	82.5	47.5	115.0	245.0
<b>-63kg</b>							
1.	Girod Noemie	1967	France	145.0	87.5	180.0	412.5
2.	Reeve Sonia	1972	Great Britain	117.5	50.0	193.0	360.5
3.	Seneviratne Cydnee	1971	Canada	110.0	80.0	167.5	357.5
4.	Rodgers Beverley	1972	Great Britain	127.5	90.0	140.0	357.5
5.	de Jong Louise	1969	Netherlands	125.0	70.0	155.0	350.0
6.	Soto Guzman Sara	1966	Thailand	110.0	65.0	170.0	345.0
7.	Pietig Lynn	1966	U.S.America	122.5	57.5	162.5	342.5
8.	Falck Daniela	1975	Germany	110.0	70.0	145.0	325.0
9.	Wittenburg Sabine	1967	Germany	100.0	60.0	120.0	280.0
10.	Mora Saez Eva	1974	Spain	92.5	50.0	125.0	267.5
11.	Posthumus Madelaine	1970	South Africa	95.0	50.0	115.0	260.0
<b>-84kg</b>							
1.	Pam Janet	1968	Great Britain	162.5	85.0	192.5	440.0
2.	Kane Michelle	1974	U.S.America	155.0	107.5	170.0	432.5
3.	Graham Marija	1969	Canada	170.0	70.0	190.0	430.0
4.	Herrington Lisa	1971	Great Britain	145.0	85.0	195.0	425.0
5.	Martinsen Nina	1972	Germany	107.5	75.0	150.0	325.0
6.	Poxon Jodi	1975	South Africa	105.0	65.0	130.0	300.0
<b>84+kg</b>							
1.	Parkin Joanne	1975	Great Britain	180.0	112.0	190.0	482.0
2.	McEachern Sherry	1967	Canada	176.0	90.0	182.5	448.5
3.	Mishra Ranjita	1972	India	145.0	67.5	160.0	372.5
4.	Brathen Rita	1968	Norway	130.0	67.5	160.0	357.5
5.	Ngubane Buyisile	1974	South Africa	110.0	55.0	155.0	320.0
6.	Panachi Sheeja	1973	India	92.5	45.0	110.0	247.5
<b>-69kg</b>							
1.	Atkinson Sylvia	1973	Canada	180.5	80.0	196.5	457.0
2.	Redmore Terrie	1970	Great Britain	160.0	85.0	162.5	407.5
3.	Angeli Frances	1966	Australia	137.5	77.5	165.0	380.0
4.	Blomgren Asa	1966	Sweden	135.0	75.0	162.5	372.5

5.	Beatty Claudia	1972	U.S.America	117.5	72.5	165.0	355.0
6.	Ware Petriina	1974	Finland	125.0	57.5	155.0	337.5
7.	Leccese Florence	1969	France	130.0	75.0	125.0	330.0
8.	Schwab Adriane	1970	Brazil	100.0	55.0	130.0	285.0

**-76kg**

1.	Jessop Roshelle	1975	New Zealand	164.0	102.0	201.0	467.0
2.	Ohrnell Mia	1972	Sweden	180.5	75.0	170.0	425.5
3.	Taharally Nadina	1973	Guyana	150.0	77.5	182.5	410.0
4.	Lutz Leah	1975	U.S.America	150.0	87.5	170.0	407.5
5.	Mayo Amelie	1974	Canada	102.5	62.5	198.5	363.5
6.	Bloem Bonita	1969	South Africa	127.5	65.0	130.0	322.5
7.	Crofton Natalie	1974	South Africa	90.0	55.0	105.0	250.0

**In Division there are 51 Lifters****Division «Masters III»**

#	Name	Born	Team	SQ	BP	DL	Total
<b>-47kg</b>							
1.	Ishida Michiko	1958	Japan	80.0	45.0	107.5	232.5
2.	Clarke Carrie	1961	Great Britain	70.0	47.5	105.0	222.5
<b>-52kg</b>							
1.	Taylor Julianne	1959	New Zealand	101.5	55.0	117.5	273.5
2.	Solis Nicola	1962	Great Britain	95.0	47.5	122.5	265.0
3.	Lafond Janique	1964	Canada	97.2	50.0	115.0	262.5
<b>-57kg</b>							
1.	Bird Denise	1963	Great Britain	112.5	57.5	135.0	305.0
2.	Casper Kathleen	1959	U.S.America	67.5	37.5	115.0	220.0
<b>-63kg</b>							
1.	Marshall Jessica	1963	U.S.America	123.0	65.0	168.0	356.0
2.	Gough Kim	1958	Great Britain	112.5	60.0	145.0	317.5
3.	Jones Alison	1965	Great Britain	102.5	57.5	137.5	297.5
4.	Garzitto Emi	1963	Canada	100.0	55.0	117.5	272.5
5.	Dean Tiffany	1961	U.S.America	82.5	67.5	115.0	265.0
<b>-84kg</b>							
1.	Blasbery Jacqueline	1963	Great Britain	105.0	77.5	160.5	343.0
2.	Blikra Inger	1961	Norway	100.0	100.0	140.0	340.0
3.	Hickman Fiona	1965	South Africa	115.0	80.0	140.0	315.0
4.	Beaudin Barbara	1961	U.S.America	110.0	65.0	140.0	315.0
<b>84+kg</b>							
1.	Beremark Katarina	1964	Sweden	150.0	92.5	182.5	425.0
2.	Billings Brenda	1964	Canada	143.0	67.5	145.0	355.5
<b>-69kg</b>							
1.	Carlson Roberta	1965	U.S.America	143.0	68.0	185.0	396.0
2.	Nurmilaukas Outi	1964	Finland	110.0	70.0	180.0	360.0
3.	Breese Gail-Ann	1960	Canada	117.5	62.5	162.5	342.5
4.	King Pamela	1959	Canada	118.0	75.0	140.0	333.0
5.	Banks Lynda	1965	Great Britain	110.0	57.5	127.5	295.0
<b>-76kg</b>							
1.	Palsdottir Elsa	1960	Iceland	150.0	67.5	182.5	420.0
2.	Helgestad Inger Ormen	1961	Norway	129.0	65.0	132.5	326.5

3.	Bjornerem Ashild	1961	Norway	100.0	60.0	135.0	295.0
4.	Matinpalo Irene	1961	Finland	90.0	45.0	115.0	250.0
5.	Reeni Tharakan	1960	India	70.0	42.5	110.0	222.5

**In Division there are 28 Lifters**

#### Division «Masters IV»

#	Name	Born	Team	SQ	BP	DL	Total
<b>-47kg</b>							
1.	Ma Monica	1955	Canada	73.0	35.5	106.0	214.5
<b>-52kg</b>							
1.	Elwyn Susan	1947	US Virgin Islands	70.0	37.5	102.5	210.0
<b>-63kg</b>							
1.	Trimble Joan	1955	Great Britain	122.5	67.5	152.5	342.5
2.	Kimura Alma	1954	U.S.America	107.5	52.5	130.0	290.0
3.	Sabuda Susan	1954	Great Britain	96.0	55.0	135.0	286.0
4.	Moon Abbey	1944	US Virgin Islands	25.0	25.0	80.0	130.0
<b>84+kg</b>							
1.	Gorham Linda	1951	U.S.America	117.5	72.5	122.5	312.5
<b>-69kg</b>							
1.	Loken Kirsti	1954	Norway	130.0	70.0	140.0	340.0
2.	Lester Melanie	1954	Great Britain	92.5	45.0	130.0	267.5
<b>-76kg</b>							
1.	Evert Katherine	1949	U.S.America	90.0	55.0	115.0	260.0
2.	Boyham Linda	1949	Great Britain	75.0	42.5	110.0	227.5

**In Total there are 174 Lifters ( In Teams:165 In Reserve:9 )**