

Asian Women's Classic Bench Press Championships**Hong Kong / Hong Kong, China, 8 – 12 October, 2025****Division «Open»**

#	Name	Born	Team	BP
-47kg				
1.	Yuen Chui Yu	1988	Hong Kong, China	65.0
-52kg				
1.	Tsoy Kristina	1991	Kazakhstan	70.0
-57kg				
1.	Kotkova Larisa	1974	Neutral Athlete	105.0
2.	Lapteva Olga	2001	Kazakhstan	85.0
-63kg				
1.	Demidova Arina	2003	Neutral Athlete	115.0
2.	Lisnichenko Anastassiya	1999	Kazakhstan	95.0
-84kg				
1.	Bermukhambetova Zhadyra	1986	Kazakhstan	120.0
2.	Maksimova Uliana	1994	Neutral Athlete	111.0
84+kg				
1.	Pugovkina Alla	1975	Neutral Athlete	125.0
2.	Okatenko Xeniya	1994	Kazakhstan	120.0
3.	Ramakrishnan Amudhini	1992	India	90.0
4.	Chan Sze Hei	1993	Hong Kong, China	70.0
-69kg				
1.	Yultsova Viktoria	2002	Neutral Athlete	112.5
2.	Wong Ying Chi	1995	Hong Kong, China	52.5
-76kg				
1.	Dediulia Svetlana	1975	Neutral Athlete	117.5
2.	Riabova Mariia	1993	Neutral Athlete	112.5
3.	Leima Chanu Thangjam	1994	India	90.0

In Division there are 17 Lifters**Division «Subjuniors»**

#	Name	Born	Team	BP
-47kg				
1.	Gu Dong-Le	2007	Chinese Taipei	50.0
-52kg				
1.	Pashkovskaya Anastassiya	2008	Kazakhstan	55.0
-69kg				
1.	Alexeyeva Angelina	2010	Kazakhstan	90.0
2.	Khe Anastassiya	2007	Kazakhstan	75.0
-76kg				
1.	Magomedova Aminat	2008	Kazakhstan	80.0
2.	Khosroeva Milena	2007	Neutral Athlete	72.5

In Division there are 6 Lifters**Division «Juniors»**

#	Name	Born	Team	BP
-43kg				
1.	Singh Roma	2002	India	60.0
-47kg				

1.	Morozova Alisa	2006	Neutral Athlete	62.5
2.	Yeung Chin Wai	2002	Hong Kong, China	50.0
3.	Romanova Nargiza	2005	Kazakhstan	30.0
-52kg				
1.	Podkorytova Veronika	2004	Neutral Athlete	72.5
2.	Najooob Naila	2005	India	45.0
-57kg				
1.	Valiakhmetova Daria	2006	Neutral Athlete	85.0
2.	Filippova Diana	2002	Neutral Athlete	82.5
-63kg				
1.	Filimonova Maiia	2004	Neutral Athlete	72.5
84+kg				
1.	Sysoeva Daria	2003	Neutral Athlete	87.5
-69kg				
1.	Nimi Chanu Bramhacharimayum	2005	India	90.0
-76kg				
1.	Gvagvalia Diana	2003	Neutral Athlete	105.0
2.	Bastrykova Kamila	2003	Kazakhstan	90.0

In Division there are 13 Lifters

Division «Masters I»

#	Name	Born	Team	BP
-47kg				
1.	Koseki Miki	1984	Japan	67.5
-52kg				
1.	Galia Hetal	1983	India	45.0
-57kg				
1.	Shoji Sanae	1983	Japan	62.5
2.	Darlene Liew May Wan	1978	Malaysia	62.5
-63kg				
1.	Doshi Dipti	1976	India	77.5

In Division there are 5 Lifters

Division «Masters II»

#	Name	Born	Team	BP
-47kg				
1.	Sato Mariko	1971	Japan	57.5
2.	Lau Yuen Kwan Winnie	1972	Hong Kong, China	40.0
-57kg				
1.	Lin Li-Min	1970	Chinese Taipei	50.0
-63kg				
1.	Yoshinaga Nanae	1973	Japan	65.0
2.	Yim Hoi Shan	1974	Hong Kong, China	35.0
84+kg				
1.	Bai Geetha	1974	India	45.0
-69kg				
1.	Chi Chia-Chi	1975	Chinese Taipei	75.0
2.	Kaur Vireen	1973	India	52.5

In Division there are 8 Lifters**Division «Masters III»**

#	Name	Born	Team	BP
-47kg				
1.	Wong Amelia Wai Yu	1960	Hong Kong, China	48.5
-52kg				
1.	Todoroki Shinobu	1965	Japan	40.0
-57kg				
1.	Lee Lai Ling	1963	Hong Kong, China	25.0
-63kg				
1.	Ip Wing-Yuk	1961	Hong Kong, China	50.0

In Total there are 53 Lifters