

Asian Men's Classic Bench Press Championships**Hong Kong / Hong Kong, China, 8 – 12 October, 2025****Division «Open»**

#	Name	Born	Team	BP
-59kg				
1.	Orinbassarov Adilkhan	2001	Kazakhstan	140.0
2.	Satybaldy Zhanat	1999	Kazakhstan	125.0
3.	Chan Pak Chung Sam	2000	Hong Kong, China	110.0
-66kg				
1.	Liu Weiqiang	1995	China	170.0
2.	Takahashi Yuji	1983	Japan	165.0
3.	Sahu Ganesh	1993	India	137.5
4.	Mesforoosh Amir	1980	Iran	130.0
-74kg				
1.	Luchkin Dmitrii	1986	Neutral Athlete	198.0
2.	Salmen Azat	1989	Kazakhstan	195.0
3.	Karaman Abdulkarim	1994	Kazakhstan	190.0
4.	Khutorov Egor	1999	Neutral Athlete	185.0
^R 5.	Tarada Artem	2001	Kazakhstan	155.0
-83kg				
1.	Suzuki Yusuke	1984	Japan	212.5
2.	Talko Andrei	2002	Neutral Athlete	205.0
3.	Golovachuk Semen	1991	Neutral Athlete	205.0
4.	Yudchenko Sergey	1996	Kazakhstan	190.0
-93kg				
^R 1.	Trofimov Aleksandr	1992	Neutral Athlete	217.5
2.	Belkov Iurii	1987	Neutral Athlete	215.0
3.	Kam Chi Leung	1989	Hong Kong, China	187.5
-105kg				
1.	Malchikov Denis	1980	Neutral Athlete	232.5
2.	Lin Ting-An	1994	Chinese Taipei	222.5
3.	Ali Chalak	1992	Iraq	207.5
4.	Wu Cheong	1988	China	170.0
-120kg				
1.	Li Dimitriy	1991	Kazakhstan	245.0
2.	Khodykin Aleksandr	1992	Neutral Athlete	227.5
3.	Al-Gburi Dheyaa	1988	Iraq	195.0
4.	Li Zeru	1994	China	180.0
120+kg				
1.	Konovalov Andrei	1986	Neutral Athlete	247.5
2.	Koshkarov Aidar	1976	Kazakhstan	215.0

In Division there are 29 Lifters (In Teams:27 In Reserve:2)**Division «Subjuniors»**

#	Name	Born	Team	BP
-53kg				
1.	Saveo Dsouza Avniel	2007	India	90.0
2.	Awad Abbas	2008	Iraq	87.5
3.	Assetov Ilyas	2009	Kazakhstan	75.0

-59kg

1.	Lin Cheng Hsi	2008	Chinese Taipei	105.0
2.	Hasan Abed	2008	Iraq	82.5
3.	Al-Sarray Murtadha	2009	Iraq	80.0

-66kg

1.	Yemsukhanov Nurlykhan	2008	Kazakhstan	125.0
2.	Kostromtsov Daniil	2009	Kazakhstan	85.0
3.	Yiu Pak Kiu	2008	Hong Kong, China	82.5

-74kg

1.	Okayama Sora	2008	Japan	160.5
2.	Alturfi Ali	2008	Iraq	112.5
3.	Todoroki Ryoma	2008	Japan	110.0

-83kg

1.	Yeryomenko Tigran	2007	Kazakhstan	130.0
2.	Al-Ghuraibawi Muqtada	2007	Iraq	110.0
3.	Hur Mohammed	2008	Iraq	105.0

-93kg

1.	Yevdokimov Nikita	2008	Kazakhstan	130.0
----	-------------------	------	------------	-------

-105kg

1.	Ng Yat Hei Jason	2008	Hong Kong, China	105.0
----	------------------	------	------------------	-------

-120kg

1.	Hung Nathan	2007	Philippines	150.0
2.	Nidawi Baqer	2008	Iraq	140.0

120+kg

1.	Garg Tanish	2009	India	180.0
2.	Tolybay Aidan	2007	Kazakhstan	150.0
3.	Ke Guan-Ting	2007	Chinese Taipei	145.0

In Division there are 22 Lifters**Division «Juniors»**

#	Name	Born	Team	BP
-53kg				
1.	Hasan Halo	2003	Iraq	92.5
-59kg				
1.	Al-Abboodi Ali	2004	Iraq	117.5
2.	Wen Yuk Ming	2003	Hong Kong, China	116.0
3.	Kuang Junhao	2004	China	100.0
-66kg				
1.	Chen Yu-Chi	2006	Chinese Taipei	147.5
2.	Al-Aridhee Mustafa	2004	Iraq	127.5
3.	Ogawa Manato	2003	Japan	125.0
-74kg				
1.	Shchipanov Aleksandr	2002	Neutral Athlete	170.0
2.	Raad Ramithan	2002	Iraq	160.0
3.	Galyamin Nikita	2006	Neutral Athlete	150.0
4.	Miyamoto Mikihiro	2005	Japan	145.0
5.	Chan Man Ine Nakos	2004	Hong Kong, China	145.0
6.	Pismak Danil	2006	Kazakhstan	145.0
-83kg				

1.	Narozhniy Stepan	2005	Neutral Athlete	185.0
2.	Ito Takahiro	2002	Japan	180.0
3.	Kok Man Wai	2002	Malaysia	142.5
4.	Yu Man Nok	2004	Hong Kong, China	140.0
5.	Araki Ryota	2002	Japan	127.5
6.	Pang Kai Tung	2003	Hong Kong, China	25.0
-93kg				
1.	Sevriukov Aleksei	2004	Neutral Athlete	180.0
2.	Papikian Danis	2002	Neutral Athlete	172.5
3.	Sun Fan-Chun	2003	Chinese Taipei	170.0
4.	Wu Zixuan	2002	China	155.0
5.	Senchilov Pavel	2006	Kazakhstan	140.0
6.	Dyadov Maxim	2006	Kazakhstan	120.0
-105kg				
1.	Mohan Hussein	2003	Iraq	200.0
2.	Ergin Victor	2002	Neutral Athlete	197.5
3.	Nikashuh Hasan	2005	Iraq	125.0
-120kg				
1.	Huang Junru	2002	China	215.0
2.	Bochkarev Arslan	2005	Neutral Athlete	210.0
3.	Petrov Nikita	2003	Neutral Athlete	190.0
120+kg				
1.	Al- Turfi Mustafa	2003	Iraq	172.5
2.	Vats Arjun	2002	India	165.0
3.	Chang Yi	2002	Chinese Taipei	112.5

In Division there are 34 Lifters

Division «Masters I»

#	Name	Born	Team	BP
-59kg				
1.	Limi Husam	1983	Iraq	130.0
2.	Hsu Chih-Ming	1976	Chinese Taipei	115.0
-66kg				
1.	Tokumaru Yu	1983	Japan	135.0
-74kg				
1.	Omar Omar	1984	Iraq	150.0
2.	Watanabe Kunihiro	1977	Japan	145.0
-83kg				
1.	Chen Suijing	1977	China	140.0
-105kg				
1.	Jirjees Salah	1981	Iraq	170.0
-120kg				
1.	Milovanov Pavel	1977	Neutral Athlete	210.0

In Division there are 8 Lifters

Division «Masters II»

#	Name	Born	Team	BP
-66kg				
1.	Fukuda Munenari	1972	Japan	155.0
-83kg				

1.	Fujimoto Yoshikazu	1974	Japan	177.5
2.	Srivastava Ruben	1974	India	100.0
-93kg				
1.	Kumar Sharma Deepak	1975	India	135.0
-105kg				
1.	Xu Jiang	1975	China	160.0
-120kg				
1.	Bekov Kairat	1971	Kazakhstan	185.0
2.	Okayama Miki	1972	Japan	170.0
120+kg				
1.	Sharma Deepak	1971	India	100.0

In Division there are 8 Lifters

Division «Masters III»

#	Name	Born	Team	BP
-93kg				
1.	Takahashi Jun	1964	Japan	140.0
-120kg				
1.	Giles Wayne	1965	Singapore	160.0

In Division there are 2 Lifters

Division «Masters IV»

#	Name	Born	Team	BP
-59kg				
1.	Kawakami Kyoji	1950	Japan	95.0
-83kg				
1.	Singh Inderjeet	1954	India	112.5

In Total there are 105 Lifters (In Teams:103 In Reserve:2)