

Asian Women's Equipped Bench Press Championships**Hong Kong / Hong Kong, China, 8 – 12 October, 2025****Division «Open»**

#	Name	Born	Team	BP
-47kg				
1.	Zadorina Iana	1982	Neutral Athlete	120.0
-52kg				
1.	Sitdikova Aigul	1989	Neutral Athlete	171.0
-57kg				
1.	Kolesnik Daniela	1999	Neutral Athlete	155.0
2.	Lorenz Anastasia	1985	Neutral Athlete	152.5
3.	Lapteva Olga	2001	Kazakhstan	100.0
-63kg				
1.	Lomatskaia Daria	2001	Neutral Athlete	175.0
2.	Lisnichenko Anastasiya	1999	Kazakhstan	110.0
3.	Luk Ching Yu	1993	Hong Kong, China	95.0
-84kg				
1.	Sindikis Nadezhda	1986	Neutral Athlete	185.0
2.	Bermukhambetova Zhadyra	1986	Kazakhstan	180.0
84+kg				
^R 1.	Ogirenko Anastasiia	2004	Neutral Athlete	185.0
2.	Okatenko Xeniya	1994	Kazakhstan	160.0
3.	Zhumasheva Olga	1989	Kazakhstan	142.5
4.	Chan Sze Hei	1993	Hong Kong, China	65.0
-69kg				
1.	Vasileva Anna	2001	Neutral Athlete	163.0
^R 2.	Ponomareva Olga	2000	Neutral Athlete	142.5
3.	Wong Ying Chi	1995	Hong Kong, China	60.0
-76kg				
1.	Nemets Ekaterina	1990	Neutral Athlete	173.0

In Division there are 18 Lifters (In Teams:16 In Reserve:2)**Division «Subjuniors»**

#	Name	Born	Team	BP
-47kg				
1.	Gu Dong-Le	2007	Chinese Taipei	77.5
-52kg				
1.	Gafarova Evelina	2007	Neutral Athlete	97.5
2.	Pashkovskaya Anastasiya	2008	Kazakhstan	60.0
-69kg				
1.	Alexeyeva Angelina	2010	Kazakhstan	100.0
2.	Khe Anastasiya	2007	Kazakhstan	90.0
3.	Yu Pei-Ying	2008	Chinese Taipei	90.0
-76kg				
1.	Magomedova Aminat	2008	Kazakhstan	100.0
2.	Khosroeva Milena	2007	Neutral Athlete	100.0

In Division there are 8 Lifters**Division «Juniors»**

#	Name	Born	Team	BP
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-47kg

1.	Mnatsakanyan Rima	2002	Neutral Athlete	100.0
2.	Zhurbenko Olga	2006	Neutral Athlete	52.5
3.	Romanova Nargiza	2005	Kazakhstan	50.0

-52kg

1.	Kostrubii Irina	2005	Neutral Athlete	97.5
2.	Podkorytova Veronika	2004	Neutral Athlete	95.0
3.	Najoob Naila	2005	India	50.0

-57kg

1.	Malygina Svetlana	2002	Neutral Athlete	130.0
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-63kg

1.	Sokusheva Nadezhda	2003	Neutral Athlete	90.0
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-84kg

1.	Bykova Tatiana	2005	Neutral Athlete	162.5
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-76kg

1.	Bastrykova Kamila	2003	Kazakhstan	115.0
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In Division there are 10 Lifters**Division «Masters I»**

#	Name	Born	Team	BP
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-47kg

1.	Koseki Miki	1984	Japan	90.0
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In Division there is 1 Lifter**Division «Masters II»**

#	Name	Born	Team	BP
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2.	Sato Mariko	1971	Japan	70.0
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-84kg

1.	Bai Geetha	1974	India	50.0
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In Division there are 2 Lifters**Division «Masters III»**

#	Name	Born	Team	BP
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-47kg

1.	Wong Amelia Wai Yu	1960	Hong Kong, China	57.0
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-63kg

1.	Ip Wing-Yuk	1961	Hong Kong, China	50.0
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In Total there are 41 Lifters (In Teams:39 In Reserve:2)