

2025 African Men's Classic Bench Press Championships**Tunis / Tunisia, 24 – 28 November, 2025****Division «Open»**

#	Name	Born	Team	BP
-59kg				
1.	Ghara Abderaouf	1999	Algeria	125.0
-66kg				
1.	Bellala Abdelhamid Elarbi	1999	Algeria	130.0
^R 2.	Elouaflin Michael	1989	Ivory Coast	120.0
-74kg				
1.	Boudaoud Hocine	1987	Algeria	155.0
-83kg				
1.	Techap Fongang	1989	Cameroon	170.0
-105kg				
1.	Sboui Fares	2000	Tunisia	222.5
2.	Moluh Inoussa	1992	Cameroon	195.0
-120kg				
1.	Naoussi Nembot Ano	1992	Cameroon	200.0
2.	Bettou Mohamed Aziz	1999	Algeria	195.0
3.	Niagne Franck	1991	Ivory Coast	190.0
120+kg				
1.	Ngon Anong	1987	Cameroon	215.0
2.	Ait Abdallah Chaabane	1988	Algeria	207.5

In Division there are 12 Lifters (In Teams:11 In Reserve:1)**Division «Subjuniors»**

#	Name	Born	Team	BP
-53kg				
1.	Tingounzeu Daren	2010	Cameroon	90.0
-59kg				
1.	Ondoua Ntonga Hugues	2009	Cameroon	100.0
-66kg				
1.	Selmi Seif Eddine	2007	Tunisia	82.5
-74kg				
1.	Naidoo Leon	2009	South Africa	110.0
-93kg				
1.	Yassine Barnat	2007	Tunisia	117.5

In Division there are 5 Lifters**Division «Juniors»**

#	Name	Born	Team	BP
-59kg				
1.	Arbi Chalghoumi	2006	Tunisia	100.0
-120kg				
1.	Najjari Mohamed Moez	2003	Tunisia	135.0
120+kg				
1.	Thompson Stanford	2002	South Africa	190.0

In Division there are 3 Lifters**Division «Masters I»**

#	Name	Born	Team	BP
-83kg				
1.	Brahimi Sofiane	1981	Algeria	155.0
-93kg				
1.	Akif Ali	1985	Morocco	160.0
2.	Boudaoud Zinou	1976	Algeria	160.0
3.	Rezgui Mohamed Youcef	1983	Algeria	150.0
-105kg				
1.	Ballil Nezar	1978	Morocco	190.0
-120kg				
1.	Djabri Hocine	1985	Algeria	202.5
2.	Koule Nguime Victor	1977	Cameroon	190.0
120+kg				
1.	Beggari Sami	1985	Algeria	190.0
2.	Liratni Mohamed	1977	Algeria	160.0

In Division there are 9 Lifters

Division «Masters II»

#	Name	Born	Team	BP
-105kg				
1.	Halladja Hamid	1975	Algeria	180.0
2.	Erridir Zoubir	1967	Algeria	170.0

In Division there are 2 Lifters

Division «Masters III»

#	Name	Born	Team	BP
-93kg				
1.	Badjoudj Boudjemaa	1961	Algeria	80.0

In Total there are 32 Lifters (In Teams:31 In Reserve:1)