2025 African Women's Equipped Bench Press Championships

Tunis / Tunisia, 24 – 28 November, 2025

Division «Open»

#	Name	Born	Team	ВР
-63kg				
1.	Njoh Faron Tifuh	2002	Cameroon	70.0
84+kg				
1.	Fokem Fofe Christelle	1987	Cameroon	125.0
			In Division there are 2 Lifters	

Division «Subjuniors»

#	Name	Born	Team	ВР	
-57kg					
1.	Tingounzeu Momo Erine	2008	Cameroon	72.5	
			In Total there are 3 Lifters		