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**2025 Asian / Pacific / African Men's Equipped Bench Press Championships**

**Himeji / Japan, 6 – 13 July, 2025**

**The Entry List of Referees**

| #  | Name           | Team           | Category | Remarks  |
|----|----------------|----------------|----------|--|
| 1. | Sunol Ryan     | Australia      | Cat. I   | International Exam, planning on competing on 9/7/2024. |
| 2. | Hoque Mominul  | Bangladesh     | Cat. II  |  |
| 3. | Lau Ming       | Brunei         | Cat. I   |  |
| 4. | Chao Chen-Yeh  | Chinese Taipei | Cat. I   |  |
| 5. | Dabwido Robert | Nauru          | Cat. II  | weigh in and side ref                                  |
| 6. | Holmes Geoff   | New Zealand    | Cat. II  |  |
| 7. | Lynch Rory     | New Zealand    | Cat. I   | 10 (3pm), 13 (9am)                                     |