
2025 Asian / Pacific / African Women's Equipped Bench Press Championships

Himeji / Japan, 6 – 13 July, 2025

The List of Teams

Australia {The Team in Total: 34}

Lifters: 19

1. Condon Carole	F	Masters 3	-76kg
2. Trovato Meaghan	F	Masters 1	-63kg
3. Tsagaris Dimitri	M	Juniors	-83kg
4. Bollipo Samuel	M	Juniors	-93kg
5. Luo James	M	Juniors	-120kg
6. Khan Basira	F	Juniors	-63kg
7. Keep Nyah	F	Juniors	-69kg
8. Kander Tharendra	M	Open	-66kg
9. Torrevillas Zachary	M	Open	-74kg
10. Chiba Mitsunori	M	Open	-83kg
11. Jenkins Alan	M	Open	-93kg
12. Sunol Ryan	M	Open	-93kg
13. Roach Emily	F	Open	-52kg
14. Lai Emily	F	Open	-63kg
15. Andrews Kelly	F	Open	-63kg
16. Lafaele Luseane	F	Open	84+kg
17. Iosia Stephanie	F	Open	-69kg
18. Bonifacio Marah	F	Open	-76kg
19. Liebeck Chloe	F	Open	-76kg

Team Members: 15

1. Sunol Ryan	✓ Cat.I	✓ Assistant Coach-Athlete [NFR]
2. Pham Thao		✓ Assistant Coach-Athlete [NFR]
3. Nguyen Tony		✓ Assistant Coach-Athlete [NFR]
4. Potts Aiden		✓ Assistant Coach-Athlete [NFR]
5. Liebeck Chloe		✓ Assistant Coach-Athlete [NFR]
6. Gibbons Callan		✓ Assistant Coach-Athlete [NFR]
7. Torrevillas Zachary		✓ Assistant Coach-Athlete [NFR]
8. Craven Elizabeth		✓ Assistant Coach-Athlete [NFR]
9. Hoffman David		✓ Head Coach
10. Tran Kelvin		✓ Head Coach
11. Sofianos Jacob		✓ Coach
12. Plan Michael		✓ Coach
13. Parker Bethany		✓ Coach
14. Nguyen Vinh		✓ Assistant Coach
15. Lee Ryan		✓ Assistant Coach

Bangladesh {The Team in Total: 5}

Lifters: 4

1. Mark Fahim Fiaz Ahmed	M	Juniors	-59kg
2. Saad Arrafiu	M	Juniors	-83kg
3. Tulona Tashbihun Noor	F	Juniors	-69kg
4. Hossain Zahid	M	Subjuniors	-53kg

Team Members: 1

1. Hoque Mominul	✓ Cat.II	✓ Official
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Brunei {The Team in Total: 7}

Lifters: 5

1. Mustapa Muhammad Aiman Syazwan	M Juniors	-66kg
2. Jeferi Haziq Aidil	M Juniors	-74kg
3. Lau Ming	M Open	-105kg
4. Sannay Khairunnadya	F Open	-52kg
5. Nurazifah Pg Ali Siti	F Open	-63kg

Team Members: 2

1. Lau Ming	✓ Cat.I	✓ Coach-Referee [NFR]
2. Yusof Malik		✓ Head Coach

Chinese Taipei {The Team in Total: 101}

Lifters: 96

1. Tseng Chung-Yuen	M Masters 4	-59kg
2. Hwang Chien-Lih	M Masters 4	-93kg
3. Hsieh Chih-Yun	F Masters 4	-57kg
4. Lin Cheng-Liang	M Masters 3	-59kg
5. Lee Tsai-Wei	F Masters 3	-69kg
6. Wu Po-Hung	M Masters 2	-66kg
7. Hsieh Chen-Tsung	M Masters 2	-74kg
8. Liu Li-Hsin	M Masters 2	-74kg
9. Zhong Wen-Wen	F Masters 2	-52kg
10. Yang Fang-Ting	F Masters 2	-57kg
11. Chen Tzu-Chien	F Masters 2	-63kg
12. Song Shu-Huei	F Masters 2	-63kg
13. Yao Mei-Ju	F Masters 2	-69kg
14. Wang Ching-Yu	M Masters 1	-59kg
15. Wen Chih-Hsiang	M Masters 1	-59kg
16. Feng Ching-Hong	M Masters 1	-74kg
17. Chen Zhi-Hao	M Masters 1	-83kg
18. Hung Fan-En	M Masters 1	-83kg
19. Chu Che-Ching	M Masters 1	-93kg
20. Chen Li-Wei	M Masters 1	-105kg
21. Kao Jih-Hao	M Masters 1	-105kg
22. Wang Mau-Long	M Masters 1	120+kg
23. Chien Ya-Lan	F Masters 1	-47kg
24. Hsieh Yu-Hsin	F Masters 1	-52kg
25. Huang Chih-Ying	F Masters 1	-52kg
26. Huang Wei-Chin	F Masters 1	-57kg
27. Wu Chia-Chuan	F Masters 1	-57kg
28. Chang Chiao-Lin	F Masters 1	-63kg
29. Wu Pei-Shan	F Masters 1	-63kg
30. Chen Hsi-Yu	F Masters 1	-69kg
31. Tsai Yi-Chiao	F Masters 1	-76kg
32. Cheng Wei-Chun	M Juniors	-53kg
33. Tian Jun-Bao	M Juniors	-59kg

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34.	Pan Bo-Yuan	M Juniors	-59kg
35.	Huang Wei-Chen	M Juniors	-59kg
36.	Chen Yu-Chi	M Juniors	-66kg
37.	Su Zhong-Zhe	M Juniors	-83kg
38.	Wu Bo-Sheng	M Juniors	-93kg
39.	Hu Ting-Wei	M Juniors	-105kg
40.	Huang Yung-Chin	M Juniors	-120kg
41.	Chang Yi	M Juniors	120+kg
42.	Liu Zi-Yu	F Juniors	-57kg
43.	Kao Yu-Chen	F Juniors	-63kg
44.	Wang Yu-Fang	F Juniors	-63kg
45.	Gu Sin-Wei	F Juniors	84+kg
46.	Li Hsin-Ying	F Juniors	84+kg
47.	Syu Sheng-Kai	M Subjuniors	-53kg
48.	Chen Yi-Jin	M Subjuniors	-66kg
49.	Peng Bo-Jun	M Subjuniors	-66kg
50.	Hu Yu-Sung	M Subjuniors	-74kg
51.	Yu Wei-Ming	M Subjuniors	-83kg
52.	Cheng You-Teng	M Subjuniors	-93kg
53.	Yan Shao-Kui	M Subjuniors	-93kg
54.	Feng Chia-Le	M Subjuniors	-105kg
55.	Kao Chun-Li	M Subjuniors	-105kg
56.	Ke Guan-Ting	M Subjuniors	120+kg
57.	Gu Dong-Le	F Subjuniors	-47kg
58.	Huang An-Le	F Subjuniors	-52kg
59.	Jiang Jing-Yi	F Subjuniors	-52kg
60.	Huang Sin-Ying	F Subjuniors	-63kg
61.	Su Sheng-Ci	F Subjuniors	84+kg
62.	Yu Pei-Ying	F Subjuniors	-69kg
63.	Feng Po-Wen	M Open	-66kg
64.	Hsieh Tsung-Ting	M Open	-66kg
65.	Lin Kuan Lun	M Open	-66kg
66.	Lin Ching-Lun	M Open	-66kg
67.	Cheng Yu-Jui	M Open	-74kg
68.	Huang Shi-Lun	M Open	-74kg
69.	Hsieh Pei-Ying	M Open	-83kg
70.	Chen Wei-An	M Open	-93kg
71.	Sun Wei-Che	M Open	-93kg
72.	Lee Pin-Hung	M Open	-93kg
73.	Hsu Yu-Hao	M Open	-105kg
74.	Lin Hong-Lin	M Open	-105kg
75.	Wang Pei-Yu	M Open	120+kg
76.	Wu Yi-Chiu	M Open	120+kg
77.	Wang Chieh-Ying	F Open	-47kg
78.	Hsu I-Lan	F Open	-52kg
79.	Fang Hui-Ling	F Open	-52kg
80.	Hsieh Kai-Hsuan	F Open	-57kg
81.	Chang Hsiu-Ting	F Open	-57kg
82.	Hung Hsiu-Ching	F Open	-63kg

83.	Lin Yu-Cin	F	Open	-84kg
84.	Su Chia-Ju	F	Open	-76kg
85.	Lin Hsiang-Chu	F	Open	-76kg

Team Members: 5

1.	Chao Chen-Yeh	✓	Cat.I	✓	Official
2.	Chan I-Jan	✓		✓	Head Coach
3.	Chang Ching-Fang	✓		✓	Coach
4.	Wise Chun	✓		✓	Official
5.	Weng Li-Yang	✓		✓	Official

Hong Kong, China {The Team in Total: 6}

Lifters: 3

1.	Shiroyama Tomonori	M	Masters 1	-66kg
2.	Tang Ho Chung Oswin	M	Open	-74kg
3.	Law Kwan Chak	M	Open	-93kg

Team Members: 3

1.	Shiroyama Tomonori	✓		✓	Assistant Coach-Athlete [NFR]
2.	Law Kwan Chak	✓		✓	Assistant Coach-Athlete [NFR]
3.	Tang Ho Chung Oswin	✓		✓	Assistant Coach-Athlete [NFR]

Indonesia {The Team in Total: 12}

Lifters: 10

1.	Jannatinnisa Humaira	F	Juniors	-63kg
2.	Veraana Andre	M	Open	-83kg
3.	Setiawan Michael	M	Open	-93kg
4.	Joeswardhana Abrar	M	Open	-105kg
5.	Aurelio Devin	M	Open	-105kg
6.	Sudito Christopher James	M	Open	-120kg
7.	Kamilla Inez Devina Insan	F	Open	-57kg
8.	Tania Meiske Dewi	F	Open	-63kg
9.	Samosir Anggi Mareta	F	Open	-63kg
10.	Atmadikoesoemah Safira	F	Open	-84kg

Team Members: 2

1.	Joeswardhana Abrar Anandikka	✓		✓	Assistant Coach-Athlete [NFR]
2.	Kamilla Inez Devina Insan	✓		✓	Assistant Coach-Athlete [NFR]

Japan {The Team in Total: 267}

Lifters: 267

1.	Kinnjou Yukio	M	Masters 4	-59kg
2.	Isagawa Hiroyuki	M	Masters 4	-59kg
3.	Shirakawa Takeshi	M	Masters 4	-59kg
4.	Sato Keiji	M	Masters 4	-66kg
5.	Sekine Takanobu	M	Masters 4	-66kg
6.	Ichikawa Tsutomu	M	Masters 4	-74kg
7.	Nobuhara Hideyuki	M	Masters 4	-74kg
8.	Iijima Osamu	M	Masters 4	-83kg
9.	Kitano Toshio	M	Masters 4	-83kg

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10.	Urano Yutaka	M	Masters 4	-83kg
11.	Hanada Takashi	M	Masters 4	-93kg
12.	Suyama Toshihiro	M	Masters 4	-93kg
13.	Matsuoka Machiko	F	Masters 4	-47kg
14.	Ishibashi Aiko	F	Masters 4	-52kg
15.	Iida Noriko	F	Masters 4	-52kg
16.	Fukuda Suzuko	F	Masters 4	-52kg
17.	Nagao Yuko	F	Masters 4	-57kg
18.	Omori Seiko	F	Masters 4	-57kg
19.	Miyata Hiroko	F	Masters 4	-57kg
20.	Kato Yoshiko	F	Masters 4	-63kg
21.	Hayashi Hisako	F	Masters 4	-69kg
22.	Miura Hiroshi	M	Masters 3	-59kg
23.	Okamoto Hiroyuki	M	Masters 3	-59kg
24.	Murakami Kazuhiko	M	Masters 3	-59kg
25.	Maeta Masami	M	Masters 3	-66kg
26.	Mori Takashi	M	Masters 3	-66kg
27.	Niwa Hironori	M	Masters 3	-66kg
28.	Ito Manabu	M	Masters 3	-74kg
29.	Ohashi Kaoru	M	Masters 3	-74kg
30.	Mishima Tadashi	M	Masters 3	-74kg
31.	Yabu Shunsuke	M	Masters 3	-74kg
32.	Doi Makoto	M	Masters 3	-83kg
33.	Karube Toshihiro	M	Masters 3	-83kg
34.	Sakai Tomotaka	M	Masters 3	-83kg
35.	Tanita Shin	M	Masters 3	-83kg
36.	Andoh Akira	M	Masters 3	-93kg
37.	Kitagawa Takeshi	M	Masters 3	-93kg
38.	Tanabe Shinji	M	Masters 3	-93kg
39.	Araki Hiroshige	M	Masters 3	-105kg
40.	Ono Kazuhisa	M	Masters 3	-105kg
41.	Wada Kohei	M	Masters 3	-120kg
42.	Arai Hiroko	F	Masters 3	-47kg
43.	Tsuji Noriko	F	Masters 3	-47kg
44.	Kiba Emiko	F	Masters 3	-52kg
45.	Nagaya-Shirakawa Kaori	F	Masters 3	-52kg
46.	Osawa Sachiko	F	Masters 3	-52kg
47.	Tanaka Shoko	F	Masters 3	-52kg
48.	Ando Hisako	F	Masters 3	-57kg
49.	Ichikawa Ryuko	F	Masters 3	-57kg
50.	Ishida Midori	F	Masters 3	-57kg
51.	Noguchi Mari	F	Masters 3	-57kg
52.	Teramura Mika	F	Masters 3	-57kg
53.	Sekiya Megumi	F	Masters 3	-63kg
54.	Takahashi Harumi	F	Masters 3	-84kg
55.	Tokutake Megumi	F	Masters 3	-69kg
56.	Sato Ayako	F	Masters 3	-76kg
57.	Tokutake Megumi	F	Masters 3	-76kg
58.	Arai Hidenori	M	Masters 2	-59kg

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59.	Hamada Naoto	M	Masters 2	-59kg
60.	Miyamoto Naoya	M	Masters 2	-59kg
61.	Kametani Mitsuo	M	Masters 2	-66kg
62.	Fukagawa Tadashi	M	Masters 2	-66kg
63.	Oba Takatoshi	M	Masters 2	-66kg
64.	Suzuk Norio	M	Masters 2	-66kg
65.	Fujita Shuichi	M	Masters 2	-74kg
66.	Moriyama Tetsuo	M	Masters 2	-74kg
67.	Koizumi Yasuhiro	M	Masters 2	-74kg
68.	Yamada Eiji	M	Masters 2	-74kg
69.	Yamamoto Eiji	M	Masters 2	-74kg
70.	Kawaguchi Mitsuru	M	Masters 2	-83kg
71.	Fukushima Kazufumi	M	Masters 2	-83kg
72.	Fujimoto Yoshikazu	M	Masters 2	-83kg
73.	Kushino Shigeki	M	Masters 2	-83kg
74.	Ametani Shigeaki	M	Masters 2	-93kg
75.	Hasegawa Yasushi	M	Masters 2	-93kg
76.	Ogawa Mitsuhsa	M	Masters 2	-93kg
77.	Kassai Masahiko	M	Masters 2	-105kg
78.	Jinnouchi Hidetoshi	M	Masters 2	-105kg
79.	Nakamura Toshio	M	Masters 2	-105kg
80.	Yamamori Tomoyuki	M	Masters 2	-105kg
81.	Ito Satoshi	M	Masters 2	-120kg
82.	Okamoto Yasuo	M	Masters 2	-120kg
83.	Yamamori Tomoyuki	M	Masters 2	-120kg
84.	Ishii Takatoshi	M	Masters 2	120+kg
85.	Tokuyama Ichiro	M	Masters 2	120+kg
86.	Sato Mariko	F	Masters 2	-47kg
87.	Miyamoto Tomoko	F	Masters 2	-47kg
88.	Yamane Yuko	F	Masters 2	-47kg
89.	Yanagisawa Yukiko	F	Masters 2	-47kg
90.	Fujiyama Mikako	F	Masters 2	-52kg
91.	Iwamoto Sachiko	F	Masters 2	-52kg
92.	Iwamoto Sachiko	F	Masters 2	-57kg
93.	Sato Itsu	F	Masters 2	-57kg
94.	Sato Mariko	F	Masters 2	-57kg
95.	Kanagawa Naomi	F	Masters 2	-63kg
96.	Nakamura Miyoko	F	Masters 2	-63kg
97.	Yoshinaga Nanae	F	Masters 2	-63kg
98.	Sonobe Fumiko	F	Masters 2	-63kg
99.	Tanaka Mariko	F	Masters 2	-63kg
100.	Maeda Miyuki	F	Masters 2	-84kg
101.	Kato Midori	F	Masters 2	84+kg
102.	Morikawa Rie	F	Masters 2	-69kg
103.	Sakurai Miyuki	F	Masters 2	-69kg
104.	Takatori Yuki	F	Masters 2	-76kg
105.	Ebihara Takaharu	M	Masters 1	-59kg
106.	Shiraishi Tadashi	M	Masters 1	-59kg
107.	Noda Toshihiko	M	Masters 1	-59kg

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108.	Inoue Yusuke	M	Masters 1	-66kg
109.	Kanaya Masahisa	M	Masters 1	-66kg
110.	Otani Norihiro	M	Masters 1	-74kg
111.	Takida Haruyuki	M	Masters 1	-74kg
112.	Shibuya Yuki	M	Masters 1	-83kg
113.	Nakajima Satoru	M	Masters 1	-83kg
114.	Takagi Atsushi	M	Masters 1	-83kg
115.	Yasuda Kazutomi	M	Masters 1	-83kg
116.	Takahashi Toshihiro	M	Masters 1	-83kg
117.	Agena Yasuki	M	Masters 1	-93kg
118.	Ito Hideki	M	Masters 1	-93kg
119.	Ito Masahide	M	Masters 1	-93kg
120.	Tsutsumi Taro	M	Masters 1	-93kg
121.	Hashimoto Koji	M	Masters 1	-105kg
122.	Iwamoto Kentaro	M	Masters 1	-105kg
123.	Nagae Tatsuru	M	Masters 1	-105kg
124.	Kurihara Hironori	M	Masters 1	-105kg
125.	Mori Masato	M	Masters 1	-120kg
126.	Miyamoto Yoshiyuki	M	Masters 1	-120kg
127.	Kito Hiromoto	M	Masters 1	120+kg
128.	Koseki Miki	F	Masters 1	-47kg
129.	Yasutomi Fumiko	F	Masters 1	-47kg
130.	Ihara Manami	F	Masters 1	-52kg
131.	Okamura Azusa	F	Masters 1	-52kg
132.	Furuhashi Ayako	F	Masters 1	-57kg
133.	Murayama Eri	F	Masters 1	-57kg
134.	Uehara Mai	F	Masters 1	-57kg
135.	Ito Yumiko	F	Masters 1	-63kg
136.	Ito Harumi	F	Masters 1	-63kg
137.	Honda Mayumi	F	Masters 1	-63kg
138.	Kamemoto Mayuko	F	Masters 1	-63kg
139.	Suzuki Kyoko	F	Masters 1	-63kg
140.	Abe Yoriko	F	Masters 1	-84kg
141.	Mori Chiemi	F	Masters 1	-84kg
142.	Ishii Maki	F	Masters 1	-69kg
143.	Ogawa Akiko	F	Masters 1	-69kg
144.	Shiga Madoka	F	Masters 1	-69kg
145.	Kobayashi Kazusa	F	Masters 1	-76kg
146.	Hoshino Kei	M	Juniors	-59kg
147.	Nakazato Kentaro	M	Juniors	-59kg
148.	Yamamoto Ryotaro	M	Juniors	-59kg
149.	Kitamura Orihi	M	Juniors	-66kg
150.	Inubushi Ryuichi	M	Juniors	-66kg
151.	Nemoto Keita	M	Juniors	-66kg
152.	Kariya Takahiro	M	Juniors	-74kg
153.	Inagaki Soranosuke	M	Juniors	-74kg
154.	Saito Mizuki	M	Juniors	-74kg
155.	Yashiro Kairu	M	Juniors	-74kg
156.	Goto Yusei	M	Juniors	-83kg

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157.	Takahashi Rui	M Juniors	-83kg
158.	Fuse Shota	M Juniors	-93kg
159.	Watanabe Shinnosuke	M Juniors	-93kg
160.	Nishioka Kaito	M Juniors	-105kg
161.	Matsui Shinsuke	M Juniors	-105kg
162.	Shishino Tomoya	M Juniors	-105kg
163.	Hanamoto Toshiki	M Juniors	-120kg
164.	Matsuoka Tokio	M Juniors	-120kg
165.	Hataya Shogo	M Juniors	120+kg
166.	Kawahara Miu	F Juniors	-52kg
167.	Iura Nana	F Juniors	-57kg
168.	Inoue Makoto	F Juniors	-57kg
169.	Hori Momoka	F Juniors	-57kg
170.	Kida Mako	F Juniors	-63kg
171.	Sakaguchi Airi	F Juniors	-84kg
172.	Sato Risa	F Juniors	84+kg
173.	Komiya Elena	F Juniors	-69kg
174.	Horitate Mizuki	M Subjuniors	-53kg
175.	Maeda Akito	M Subjuniors	-53kg
176.	Tsuneishi Itto	M Subjuniors	-59kg
177.	Umakari Shuto	M Subjuniors	-59kg
178.	Yamashita Naoki	M Subjuniors	-66kg
179.	Hokugo Ryo	M Subjuniors	-74kg
180.	Okayama Sora	M Subjuniors	-74kg
181.	Shima Kyosuke	M Subjuniors	-74kg
182.	Deguchi Haruto	M Subjuniors	-83kg
183.	Okayama Sora	M Subjuniors	-83kg
184.	Emura Junichiro	M Subjuniors	-93kg
185.	Takase Keita	M Subjuniors	-93kg
186.	Someya Shion	F Subjuniors	-52kg
187.	Konishi Mao	F Subjuniors	-69kg
188.	Tsushima Ayane	F Subjuniors	-69kg
189.	Kubo Motohito	M Open	-59kg
190.	Tamura Yo	M Open	-59kg
191.	Tanaka Reo	M Open	-59kg
192.	Yoshioka Kyosuke	M Open	-59kg
193.	Goto Mahiro	M Open	-66kg
194.	Fukuda Masashi	M Open	-66kg
195.	Kadohori Ryosuke	M Open	-66kg
196.	Kikuchi Yosuke	M Open	-74kg
197.	Kudaka Masayuki	M Open	-74kg
198.	Otani Norihiro	M Open	-74kg
199.	Yokoyama Kosei	M Open	-74kg
200.	Kobayakawa Wataru	M Open	-83kg
201.	Kodama Daiki	M Open	-83kg
202.	Terunuma Naoki	M Open	-83kg
203.	Yamashita Kanta	M Open	-83kg
204.	Nakamura Seiya	M Open	-93kg
205.	Tsuruya Shimon	M Open	-93kg

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206.	Yamashita Yasuki	M	Open	-93kg
207.	Suzuki Yoshiki	M	Open	-93kg
208.	Hasegawa Naoki	M	Open	-105kg
209.	Matsushita Daiki	M	Open	-105kg
210.	Hayashi Naoaki	M	Open	-120kg
211.	Kase Satoshi	M	Open	-120kg
212.	Nagai Yuta	M	Open	-120kg
213.	Yamada Yusei	M	Open	-120kg
214.	Toyoshima Yasuhiro	M	Open	-120kg
215.	Hida Yoshihiro	M	Open	120+kg
216.	Koshiyama Kota	M	Open	120+kg
217.	Uemura Kazuho	M	Open	120+kg
218.	Fukuda Aya	F	Open	-47kg
219.	Kani Rie	F	Open	-47kg
220.	Kobayashi Naoko	F	Open	-47kg
221.	Ishibashi Akane	F	Open	-57kg
222.	Nishikawa Akiko	F	Open	-57kg
223.	Sugiyama Yuki	F	Open	-57kg
224.	Terada Yukie	F	Open	-57kg
225.	Takatsuto Mayuka	F	Open	-57kg
226.	Akagawa Tomoko	F	Open	-63kg
227.	Hamada Yuho	F	Open	-63kg
228.	Sakata Namiko	F	Open	-63kg
229.	Satoh Minami	F	Open	84+kg
230.	Nomura Yu	F	Open	-69kg
231.	Shibata Akina	F	Open	-69kg
232.	Sakata Namiko	F	Open	-69kg

Nauru {The Team in Total: 10}

Lifters: 3

1.	o'Brien Bessie	F	Juniors	84+kg
2.	Duburiya Jester	M	Open	-120kg
3.	Denuga Mesha'h	F	Open	-84kg

Team Members: 7

1.	Dabwido Robert	✓	Cat.II	✓	Coach-Referee [NFR]
2.	Uepa Jezza			✓	Head Coach
3.	Dekarube Elay			✓	Official
4.	Kun Robert			✓	Official
5.	Stephen Odessa			✓	Official
6.	Daniel Delphina			✓	Official
7.	Harris Irving			✓	Assistant Coach

New Zealand {The Team in Total: 55}

Lifters: 41

1.	Muldrock Patricia	F	Masters 4	-52kg
2.	Chipping Tracy	F	Masters 3	-84kg
3.	Evans Delwyn	F	Masters 3	-76kg
4.	Fordyce Christina	F	Masters 2	-76kg
5.	Mayo Kirk	M	Masters 1	-93kg

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6.	Sexton Craig	M	Masters 1	-93kg
7.	Dillen Carolina	F	Masters 1	-69kg
8.	Maemura Yamato	M	Juniors	-74kg
9.	o'Rourke Raymond	M	Juniors	-74kg
10.	Campbell Caleb	M	Juniors	-83kg
11.	Henderson Samuel	M	Juniors	-83kg
12.	Louw Max	M	Juniors	-93kg
13.	Treekam Manav	M	Juniors	-93kg
14.	Kerkhof Luca	M	Juniors	-105kg
15.	Luo Daniel	M	Juniors	-105kg
16.	Aprily Sifra	F	Juniors	-52kg
17.	Taylor Zali	F	Juniors	-69kg
18.	Soligo Fletcher	M	Subjuniors	-66kg
19.	Cromie Leo	M	Subjuniors	-105kg
20.	Stewart Kyle	M	Subjuniors	-105kg
21.	Morgan Natahlia	F	Subjuniors	-69kg
22.	Richards Lachlan	M	Open	-74kg
23.	Louie Sam	M	Open	-83kg
24.	Sichone Kavwa	M	Open	-83kg
25.	Campbell Jamie	M	Open	-93kg
26.	Mishra Raynan	M	Open	-93kg
27.	King Sean	M	Open	-105kg
28.	Kerr-Phillips Richard	M	Open	-105kg
29.	Yasakith Ridma	M	Open	-120kg
30.	Harteman Anthony	M	Open	120+kg
31.	Moulin Courtney	F	Open	-52kg
32.	Murray Amanda	F	Open	-57kg
33.	Jennings Catherine	F	Open	-57kg
34.	Hurndell Gillian	F	Open	-63kg
35.	Stilwell Amanda	F	Open	-84kg
36.	Ropata Riria	F	Open	84+kg
37.	Hirst-Thynne Eloise	F	Open	84+kg
38.	Lai Karen	F	Open	-69kg
39.	Teale-Russ Waveney	F	Open	-69kg

Team Members: 14

1.	Lynch Rory	✓ Cat.I	✓ Head Coach-Referee [NFR]
2.	Holmes Geoff	✓ Cat.II	✓ Assistant Coach-Referee [NFR]
3.	Clarke Jason		✓ Head Coach
4.	Henderson Sam		✓ Assistant Coach
5.	Hema Kiri		✓ Assistant Coach
6.	Campbell Jamie		✓ Assistant Coach
7.	Dillen Carolina		✓ Assistant Coach
8.	Schroder James		✓ Head Coach
9.	Strachan John		✓ Coach
10.	Jennings Jordan		✓ Coach
11.	Renall Adam		✓ Assistant Coach
12.	Munro Jono		✓ Assistant Coach
13.	Williams Tasha		✓ Assistant Coach

14. Mishra Raynan

✓ Assistant Coach

Philippines {The Team in Total: 1}

Lifters: 1

1. Gonzalvo Angela	F Open	-47kg
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Singapore {The Team in Total: 80}

Lifters: 62

1. Brunkard John Paul	M Masters 3	-93kg
2. Schweiger Martin	M Masters 3	-105kg
3. Cheam Michelle	F Masters 3	-63kg
4. Chincholkar Ravikiran Krishna	M Masters 2	-59kg
5. Koike Tetsuo	M Masters 2	-74kg
6. Kurokawa Takefumi	M Masters 2	-74kg
7. Du Plessis Mark	M Masters 2	-83kg
8. Chong Yen Poen Teddy	M Masters 2	-83kg
9. Khoo Lin Pei Claudia	F Masters 2	-52kg
10. Enriquez Mark	M Masters 1	-74kg
11. Cheo Mingyou	M Masters 1	-74kg
12. Wong Keen	M Masters 1	-83kg
13. Tan Gabriel	M Masters 1	-83kg
14. Ti Seng Wei Edward	M Masters 1	-93kg
15. Pritchard Jon-Paul	M Masters 1	-105kg
16. Ong Berni	F Masters 1	-57kg
17. Tan Sze Yin Saudi	F Masters 1	-63kg
18. Abdul Razak Rozana	F Masters 1	84+kg
19. Norliyana Binte Jumahat	F Masters 1	-69kg
20. Ng Zhen Wei Wendy	F Masters 1	-76kg
21. Foo Shun Han	M Juniors	-59kg
22. Muhammad Rizqin Bin Mohammad Yazid	M Juniors	-66kg
23. Ong Tze Chen	M Juniors	-66kg
24. Goh Nikki	M Juniors	-74kg
25. Ho Tristan	M Juniors	-74kg
26. Ong Shao Xuan Ashton	M Juniors	-83kg
27. Owl Rui Xu Caeden	M Juniors	-93kg
28. Andrew O'Hehir Samuel	M Juniors	-105kg
29. Lim Qin Wei	F Juniors	-43kg
30. Tan Faith	F Juniors	-47kg
31. Low Lin Xuan Glenda	F Juniors	-57kg
32. Tang Chloe	F Juniors	-57kg
33. Hmone Nanthar Htut	F Juniors	-63kg
34. Yee Yue Ning	F Juniors	-63kg
35. Alatas Binte Syed Idris Sharifah Jenna	F Juniors	84+kg
36. Teo Jun Le Lucas	M Subjuniors	-53kg
37. Rayyan Bin Suhaimi Luth	M Subjuniors	-59kg
38. Ng Elijah	M Subjuniors	-66kg
39. Sum Mu-Yi Matthew	M Subjuniors	-66kg

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40.	Darwish Bin Johari Hayyan	M	Subjuniors	-74kg
41.	Ilhan Faheem Bin Zainal Abidin	M	Subjuniors	-74kg
42.	Muhammad Firas Bin Johan	M	Subjuniors	-83kg
43.	Zhang Shu Bin Bryan	M	Subjuniors	-83kg
44.	Tan Zhi Ming Paul	M	Subjuniors	-93kg
45.	Lee Jia Rong Pixel	F	Subjuniors	-63kg
46.	Eirdina Binte Azmi Harithah	F	Subjuniors	-69kg
47.	Cheong Cheng Wen	M	Open	-74kg
48.	Por Sean	M	Open	-74kg
49.	Chong Kenzo	M	Open	-83kg
50.	Ning Dino	M	Open	-83kg
51.	Herman Hud	M	Open	-93kg
52.	Toh Lyman	M	Open	-93kg
53.	Tan de Teng Malcolm	M	Open	-105kg
54.	Muhammad Adam McIlroy	M	Open	-120kg
55.	Ong Siew Chan Kelly	F	Open	-52kg
56.	Peh Jolyn	F	Open	-52kg
57.	Tiong Natalie	F	Open	-63kg
58.	Ong Yi Syuen	F	Open	-63kg
59.	Widjaja Sarah	F	Open	-84kg
60.	Amran Nur	F	Open	84+kg
61.	Khwang Hayley	F	Open	-69kg
62.	Xie Thuy	F	Open	-76kg

Team Members: 18

1.	Lee Clinton	✓	Head Coach
2.	Jun Jie Ng	✓	Coach
3.	Joon Khong Goh	✓	Coach
4.	Barcelo James	✓	Coach
5.	Chua McGere	✓	Coach
6.	Boon Densun	✓	Coach
7.	Ang Wei Cong	✓	Coach
8.	Farid Farhanna	✓	Coach
9.	Lim Bryan	✓	Assistant Coach
10.	Cheong Cheng Wen	✓	Assistant Coach
11.	Tan Saudi	✓	Head Coach
12.	Yong Joben	✓	Head Coach
13.	Zaini Alif	✓	Coach
14.	Tan Bobby	✓	Coach
15.	Tan Pepin	✓	Coach
16.	Ong Jonus	✓	Coach
17.	Yap Matthew	✓	Coach
18.	Ong Berni	✓	Assistant Coach

South Korea {The Team in Total: 19}

Lifters: 17

1.	Lee Moonhwan	M	Masters 2	-83kg
2.	Bae Kyungse	M	Masters 1	-120kg
3.	Kim Yumin	F	Masters 1	-57kg

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4.	Chae Dong Gyu	M Juniors	-74kg
5.	Kim Tae Wook	M Juniors	-83kg
6.	Bekali Gartman	M Juniors	-105kg
7.	Lee Jungwon	M Open	-66kg
8.	Lee Kiho	M Open	-74kg
9.	Kim Kangmin	M Open	-74kg
10.	Kim Chulki	M Open	-83kg
11.	Jung Siwoo	M Open	-93kg
12.	Choi Junwon	M Open	-93kg
13.	Jang Jun Won	M Open	-120kg
14.	Kim Seongjun	M Open	120+kg
15.	Kim Songhee	F Open	-57kg
16.	Jeong Younglim	F Open	-57kg
17.	An Jeongmin	F Open	-63kg

Team Members: 2

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| 1. | Jung Siwoo | ✓ Head Coach |
| 2. | Kim Veronica | ✓ Coach |

Thailand {The Team in Total: 14}

Lifters: 13

1.	Pascoe Pranee	F Masters 3	-47kg
2.	Thitithanchayawanich Rattana	F Masters 2	-76kg
3.	Hunziker Dennis	M Masters 1	-83kg
4.	Jivakanont Warit	M Juniors	-66kg
5.	Dokmai Kittipat	M Juniors	-83kg
6.	Kongmebhol Pawit	M Subjuniors	-74kg
7.	Jitsajjapong Wittha	M Subjuniors	-83kg
8.	Ramirez Daniel	M Subjuniors	-105kg
9.	Saeung Sirawit	M Open	-59kg
10.	Campopiano Cory	M Open	-105kg
11.	Phuangjhan Natthachat	M Open	-120kg
12.	Nuwaboot Nattacha	F Open	-52kg
13.	Decock Charlotte	F Open	-52kg

Team Members: 1

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| 1. | Lucey Peter | ✓ Head Coach |
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Summary Table

2025 Asian / Pacific / African Women's Equipped Bench Press Championships

Number of Lifters	2025 Asian / Pacific / African Men's Equipped Powerlifting Championships	56
	2025 Asian / Pacific / African Women's Equipped Powerlifting Championships	25
	2025 Asian / Pacific / African Men's Equipped Bench Press Championships	45
	2025 Asian / Pacific / African Women's Equipped Bench Press Championships	30
	2025 Asian / Pacific / African Men's Classic Powerlifting Championships	170
	2025 Asian / Pacific / African Women's Classic Powerlifting Championships	116
	2025 Asian / Pacific / African Men's Classic Bench Press Championships	54
	2025 Asian / Pacific / African Women's Classic Bench Press Championships	45
Persons as ...	Referee	0
	Representative	63
	Referee & Representative	7
All Together		611