
2025 Asian / Pacific / African Men's Classic Bench Press Championships

Himeji / Japan, 6 – 13 July, 2025

The List of Teams

Australia {The Team in Total: 34}

Lifters: 19

1. Condon Carole	F	Masters 3	-76kg
2. Trovato Meaghan	F	Masters 1	-63kg
3. Tsagaris Dimitri	M	Juniors	-83kg
4. Bollipo Samuel	M	Juniors	-93kg
5. Luo James	M	Juniors	-120kg
6. Khan Basira	F	Juniors	-63kg
7. Keep Nyah	F	Juniors	-69kg
8. Kander Tharendra	M	Open	-66kg
9. Torrevillas Zachary	M	Open	-74kg
10. Chiba Mitsunori	M	Open	-83kg
11. Jenkins Alan	M	Open	-93kg
12. Sunol Ryan	M	Open	-93kg
13. Roach Emily	F	Open	-52kg
14. Lai Emily	F	Open	-63kg
15. Andrews Kelly	F	Open	-63kg
16. Lafaele Luseane	F	Open	84+kg
17. Iosia Stephanie	F	Open	-69kg
18. Bonifacio Marah	F	Open	-76kg
19. Liebeck Chloe	F	Open	-76kg

Team Members: 15

1. Sunol Ryan	✓	Cat.I	✓	Assistant Coach-Athlete [NFR]
2. Pham Thao			✓	Assistant Coach-Athlete [NFR]
3. Nguyen Tony			✓	Assistant Coach-Athlete [NFR]
4. Potts Aiden			✓	Assistant Coach-Athlete [NFR]
5. Liebeck Chloe			✓	Assistant Coach-Athlete [NFR]
6. Gibbons Callan			✓	Assistant Coach-Athlete [NFR]
7. Torrevillas Zachary			✓	Assistant Coach-Athlete [NFR]
8. Craven Elizabeth			✓	Assistant Coach-Athlete [NFR]
9. Hoffman David			✓	Head Coach
10. Tran Kelvin			✓	Head Coach
11. Sofianos Jacob			✓	Coach
12. Plan Michael			✓	Coach
13. Parker Bethany			✓	Coach
14. Nguyen Vinh			✓	Assistant Coach
15. Lee Ryan			✓	Assistant Coach

Bangladesh {The Team in Total: 1}

Team Members: 1

1. Hoque Mominul	✓	Cat.II	✓	Official
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Brunei {The Team in Total: 7}

Lifters: 5

1. Mustapa Muhammad Aiman Syazwan	M	Juniors	-66kg
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2. Jeferi Haziq Aidil	M Juniors	-74kg
3. Lau Ming	M Open	-105kg
4. Sannay Khairunnadya	F Open	-52kg
5. Nurazifah Pg Ali Siti	F Open	-63kg

Team Members: 2

1. Lau Ming	✓ Cat.I	✓ Coach-Referee [NFR]
2. Yusof Malik		✓ Head Coach

Chinese Taipei {The Team in Total: 101}

Lifters: 96

1. Tseng Chung-Yuen	M Masters 4	-59kg
2. Hwang Chien-Lih	M Masters 4	-93kg
3. Hsieh Chih-Yun	F Masters 4	-57kg
4. Lin Cheng-Liang	M Masters 3	-59kg
5. Lee Tsai-Wei	F Masters 3	-69kg
6. Wu Po-Hung	M Masters 2	-66kg
7. Hsieh Chen-Tsung	M Masters 2	-74kg
8. Liu Li-Hsin	M Masters 2	-74kg
9. Zhong Wen-Wen	F Masters 2	-52kg
10. Yang Fang-Ting	F Masters 2	-57kg
11. Chen Tzu-Chien	F Masters 2	-63kg
12. Song Shu-Huei	F Masters 2	-63kg
13. Yao Mei-Ju	F Masters 2	-69kg
14. Wang Ching-Yu	M Masters 1	-59kg
15. Wen Chih-Hsiang	M Masters 1	-59kg
16. Feng Ching-Hong	M Masters 1	-74kg
17. Chen Zhi-Hao	M Masters 1	-83kg
18. Hung Fan-En	M Masters 1	-83kg
19. Chu Che-Ching	M Masters 1	-93kg
20. Chen Li-Wei	M Masters 1	-105kg
21. Kao Jih-Hao	M Masters 1	-105kg
22. Wang Mau-Long	M Masters 1	120+kg
23. Chien Ya-Lan	F Masters 1	-47kg
24. Hsieh Yu-Hsin	F Masters 1	-52kg
25. Huang Chih-Ying	F Masters 1	-52kg
26. Huang Wei-Chin	F Masters 1	-57kg
27. Wu Chia-Chuan	F Masters 1	-57kg
28. Chang Chiao-Lin	F Masters 1	-63kg
29. Wu Pei-Shan	F Masters 1	-63kg
30. Chen Hsi-Yu	F Masters 1	-69kg
31. Tsai Yi-Chiao	F Masters 1	-76kg
32. Cheng Wei-Chun	M Juniors	-53kg
33. Huang Wei-Chen	M Juniors	-59kg
34. Tian Jun-Bao	M Juniors	-59kg
35. Pan Bo-Yuan	M Juniors	-59kg
36. Chen Yu-Chi	M Juniors	-66kg
37. Su Zhong-Zhe	M Juniors	-83kg
38. Wu Bo-Sheng	M Juniors	-93kg
39. Hu Ting-Wei	M Juniors	-105kg

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40.	Huang Yung-Chin	M Juniors	-120kg
41.	Chang Yi	M Juniors	120+kg
42.	Liu Zi-Yu	F Juniors	-57kg
43.	Kao Yu-Chen	F Juniors	-63kg
44.	Wang Yu-Fang	F Juniors	-63kg
45.	Gu Sin-Wei	F Juniors	84+kg
46.	Li Hsin-Ying	F Juniors	84+kg
47.	Syu Sheng-Kai	M Subjuniors	-53kg
48.	Chen Yi-Jin	M Subjuniors	-66kg
49.	Peng Bo-Jun	M Subjuniors	-66kg
50.	Hu Yu-Sung	M Subjuniors	-74kg
51.	Yu Wei-Ming	M Subjuniors	-83kg
52.	Cheng You-Teng	M Subjuniors	-93kg
53.	Yan Shao-Kui	M Subjuniors	-93kg
54.	Feng Chia-Le	M Subjuniors	-105kg
55.	Kao Chun-Li	M Subjuniors	-105kg
56.	Ke Guan-Ting	M Subjuniors	120+kg
57.	Gu Dong-Le	F Subjuniors	-47kg
58.	Huang An-Le	F Subjuniors	-52kg
59.	Jiang Jing-Yi	F Subjuniors	-52kg
60.	Huang Sin-Ying	F Subjuniors	-63kg
61.	Su Sheng-Ci	F Subjuniors	84+kg
62.	Yu Pei-Ying	F Subjuniors	-69kg
63.	Feng Po-Wen	M Open	-66kg
64.	Hsieh Tsung-Ting	M Open	-66kg
65.	Lin Kuan Lun	M Open	-66kg
66.	Lin Ching-Lun	M Open	-66kg
67.	Cheng Yu-Jui	M Open	-74kg
68.	Huang Shi-Lun	M Open	-74kg
69.	Hsieh Pei-Ying	M Open	-83kg
70.	Chen Wei-An	M Open	-93kg
71.	Sun Wei-Che	M Open	-93kg
72.	Lee Pin-Hung	M Open	-93kg
73.	Hsu Yu-Hao	M Open	-105kg
74.	Lin Hong-Lin	M Open	-105kg
75.	Wang Pei-Yu	M Open	120+kg
76.	Wu Yi-Chiu	M Open	120+kg
77.	Wang Chieh-Ying	F Open	-47kg
78.	Hsu I-Lan	F Open	-52kg
79.	Fang Hui-Ling	F Open	-52kg
80.	Hsieh Kai-Hsuan	F Open	-57kg
81.	Chang Hsiu-Ting	F Open	-57kg
82.	Hung Hsiu-Ching	F Open	-63kg
83.	Lin Yu-Cin	F Open	-84kg
84.	Su Chia-Ju	F Open	-76kg
85.	Lin Hsiang-Chu	F Open	-76kg

Team Members: 5

1.	Chao Chen-Yeh	✓ Cat.I	✓ Official
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2. Chan I-Jan	✓ Head Coach
3. Chang Ching-Fang	✓ Coach
4. Wise Chun	✓ Official
5. Weng Li-Yang	✓ Official

Hong Kong, China {The Team in Total: 6}

Lifters: 3

1. Shiroyama Tomonori	M Masters 1	-66kg
2. Tang Ho Chung Oswin	M Open	-74kg
3. Law Kwan Chak	M Open	-93kg

Team Members: 3

1. Shiroyama Tomonori	✓ Assistant Coach-Athlete [NFR]
2. Law Kwan Chak	✓ Assistant Coach-Athlete [NFR]
3. Tang Ho Chung Oswin	✓ Assistant Coach-Athlete [NFR]

Indonesia {The Team in Total: 11}

Lifters: 9

1. Jannatinnisa Humaira	F Juniors	-63kg
2. Veraana Andre	M Open	-83kg
3. Setiawan Michael	M Open	-93kg
4. Joeswardhana Abrar	M Open	-105kg
5. Aurelio Devin	M Open	-105kg
6. Sudito Christopher James	M Open	-120kg
7. Kamilla Inez Devina Insan	F Open	-57kg
8. Tania Meiske Dewi	F Open	-63kg
9. Atmadikoesoemah Safira	F Open	-84kg

Team Members: 2

1. Joeswardhana Abrar Anandikka	✓ Assistant Coach-Athlete [NFR]
2. Kamilla Inez Devina Insan	✓ Assistant Coach-Athlete [NFR]

Japan {The Team in Total: 267}

Lifters: 267

1. Kinnjou Yukio	M Masters 4	-59kg
2. Isagawa Hiroyuki	M Masters 4	-59kg
3. Shirakawa Takeshi	M Masters 4	-59kg
4. Sato Keiji	M Masters 4	-66kg
5. Sekine Takanobu	M Masters 4	-66kg
6. Ichikawa Tsutomu	M Masters 4	-74kg
7. Nobuhara Hideyuki	M Masters 4	-74kg
8. Iijima Osamu	M Masters 4	-83kg
9. Kitano Toshio	M Masters 4	-83kg
10. Urano Yutaka	M Masters 4	-83kg
11. Hanada Takashi	M Masters 4	-93kg
12. Suyama Toshihiro	M Masters 4	-93kg
13. Matsuoka Machiko	F Masters 4	-47kg
14. Ishibashi Aiko	F Masters 4	-52kg
15. Iida Noriko	F Masters 4	-52kg
16. Fukuda Suzuko	F Masters 4	-52kg

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17.	Nagao Yuko	F	Masters 4	-57kg
18.	Omori Seiko	F	Masters 4	-57kg
19.	Miyata Hiroko	F	Masters 4	-57kg
20.	Kato Yoshiko	F	Masters 4	-63kg
21.	Hayashi Hisako	F	Masters 4	-69kg
22.	Miura Hiroshi	M	Masters 3	-59kg
23.	Okamoto Hiroyuki	M	Masters 3	-59kg
24.	Murakami Kazuhiko	M	Masters 3	-59kg
25.	Maeta Masami	M	Masters 3	-66kg
26.	Mori Takashi	M	Masters 3	-66kg
27.	Niwa Hironori	M	Masters 3	-66kg
28.	Ito Manabu	M	Masters 3	-74kg
29.	Ohashi Kaoru	M	Masters 3	-74kg
30.	Mishima Tadashi	M	Masters 3	-74kg
31.	Yabu Shunsuke	M	Masters 3	-74kg
32.	Doi Makoto	M	Masters 3	-83kg
33.	Karube Toshihiro	M	Masters 3	-83kg
34.	Sakai Tomotaka	M	Masters 3	-83kg
35.	Tanita Shin	M	Masters 3	-83kg
36.	Andoh Akira	M	Masters 3	-93kg
37.	Kitagawa Takeshi	M	Masters 3	-93kg
38.	Tanabe Shinji	M	Masters 3	-93kg
39.	Araki Hiroshige	M	Masters 3	-105kg
40.	Ono Kazuhisa	M	Masters 3	-105kg
41.	Wada Kohei	M	Masters 3	-120kg
42.	Arai Hiroko	F	Masters 3	-47kg
43.	Tsuji Noriko	F	Masters 3	-47kg
44.	Kiba Emiko	F	Masters 3	-52kg
45.	Nagaya-Shirakawa Kaori	F	Masters 3	-52kg
46.	Osawa Sachiko	F	Masters 3	-52kg
47.	Tanaka Shoko	F	Masters 3	-52kg
48.	Ando Hisako	F	Masters 3	-57kg
49.	Ichikawa Ryuko	F	Masters 3	-57kg
50.	Ishida Midori	F	Masters 3	-57kg
51.	Noguchi Mari	F	Masters 3	-57kg
52.	Teramura Mika	F	Masters 3	-57kg
53.	Sekiya Megumi	F	Masters 3	-63kg
54.	Takahashi Harumi	F	Masters 3	-84kg
55.	Tokutake Megumi	F	Masters 3	-69kg
56.	Sato Ayako	F	Masters 3	-76kg
57.	Tokutake Megumi	F	Masters 3	-76kg
58.	Arai Hidenori	M	Masters 2	-59kg
59.	Hamada Naoto	M	Masters 2	-59kg
60.	Miyamoto Naoya	M	Masters 2	-59kg
61.	Kametani Mitsuo	M	Masters 2	-66kg
62.	Fukagawa Tadashi	M	Masters 2	-66kg
63.	Oba Takatoshi	M	Masters 2	-66kg
64.	Suzuk Norio	M	Masters 2	-66kg
65.	Fujita Shuichi	M	Masters 2	-74kg

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66.	Koizumi Yasuhiro	M	Masters 2	-74kg
67.	Moriyama Tetsuo	M	Masters 2	-74kg
68.	Yamada Eiji	M	Masters 2	-74kg
69.	Yamamoto Eiji	M	Masters 2	-74kg
70.	Fujimoto Yoshikazu	M	Masters 2	-83kg
71.	Kawaguchi Mitsuru	M	Masters 2	-83kg
72.	Fukushima Kazufumi	M	Masters 2	-83kg
73.	Kushino Shigeki	M	Masters 2	-83kg
74.	Ametani Shigeaki	M	Masters 2	-93kg
75.	Hasegawa Yasushi	M	Masters 2	-93kg
76.	Ogawa Mitsuhisa	M	Masters 2	-93kg
77.	Kassai Masahiko	M	Masters 2	-105kg
78.	Jinnouchi Hidetoshi	M	Masters 2	-105kg
79.	Nakamura Toshio	M	Masters 2	-105kg
80.	Yamamori Tomoyuki	M	Masters 2	-105kg
81.	Ito Satoshi	M	Masters 2	-120kg
82.	Okamoto Yasuo	M	Masters 2	-120kg
83.	Yamamori Tomoyuki	M	Masters 2	-120kg
84.	Ishii Takatoshi	M	Masters 2	120+kg
85.	Tokuyama Ichiro	M	Masters 2	120+kg
86.	Sato Mariko	F	Masters 2	-47kg
87.	Miyamoto Tomoko	F	Masters 2	-47kg
88.	Yamane Yuko	F	Masters 2	-47kg
89.	Yanagisawa Yukiko	F	Masters 2	-47kg
90.	Fujiyama Mikako	F	Masters 2	-52kg
91.	Iwamoto Sachiko	F	Masters 2	-52kg
92.	Iwamoto Sachiko	F	Masters 2	-57kg
93.	Sato Itsu	F	Masters 2	-57kg
94.	Sato Mariko	F	Masters 2	-57kg
95.	Kanagawa Naomi	F	Masters 2	-63kg
96.	Sonobe Fumiko	F	Masters 2	-63kg
97.	Nakamura Miyoko	F	Masters 2	-63kg
98.	Yoshinaga Nanae	F	Masters 2	-63kg
99.	Tanaka Mariko	F	Masters 2	-63kg
100.	Maeda Miyuki	F	Masters 2	-84kg
101.	Kato Midori	F	Masters 2	84+kg
102.	Morikawa Rie	F	Masters 2	-69kg
103.	Sakurai Miyuki	F	Masters 2	-69kg
104.	Takatori Yuki	F	Masters 2	-76kg
105.	Ebihara Takaharu	M	Masters 1	-59kg
106.	Shiraishi Tadashi	M	Masters 1	-59kg
107.	Noda Toshihiko	M	Masters 1	-59kg
108.	Inoue Yusuke	M	Masters 1	-66kg
109.	Kanaya Masahisa	M	Masters 1	-66kg
110.	Otani Norihiro	M	Masters 1	-74kg
111.	Takida Haruyuki	M	Masters 1	-74kg
112.	Shibuya Yuki	M	Masters 1	-83kg
113.	Nakajima Satoru	M	Masters 1	-83kg
114.	Takagi Atsushi	M	Masters 1	-83kg

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115.	Yasuda Kazutomi	M	Masters 1	-83kg
116.	Takahashi Toshihiro	M	Masters 1	-83kg
117.	Agena Yasuki	M	Masters 1	-93kg
118.	Ito Hideki	M	Masters 1	-93kg
119.	Ito Masahide	M	Masters 1	-93kg
120.	Tsutsumi Taro	M	Masters 1	-93kg
121.	Hashimoto Koji	M	Masters 1	-105kg
122.	Iwamoto Kentaro	M	Masters 1	-105kg
123.	Nagae Tatsuru	M	Masters 1	-105kg
124.	Kurihara Hironori	M	Masters 1	-105kg
125.	Mori Masato	M	Masters 1	-120kg
126.	Miyamoto Yoshiyuki	M	Masters 1	-120kg
127.	Kito Hiromoto	M	Masters 1	120+kg
128.	Koseki Miki	F	Masters 1	-47kg
129.	Yasutomi Fumiko	F	Masters 1	-47kg
130.	Ihara Manami	F	Masters 1	-52kg
131.	Okamura Azusa	F	Masters 1	-52kg
132.	Furuhashi Ayako	F	Masters 1	-57kg
133.	Murayama Eri	F	Masters 1	-57kg
134.	Uehara Mai	F	Masters 1	-57kg
135.	Ito Yumiko	F	Masters 1	-63kg
136.	Ito Harumi	F	Masters 1	-63kg
137.	Honda Mayumi	F	Masters 1	-63kg
138.	Kamemoto Mayuko	F	Masters 1	-63kg
139.	Suzuki Kyoko	F	Masters 1	-63kg
140.	Abe Yoriko	F	Masters 1	-84kg
141.	Mori Chiemi	F	Masters 1	-84kg
142.	Ishii Maki	F	Masters 1	-69kg
143.	Ogawa Akiko	F	Masters 1	-69kg
144.	Shiga Madoka	F	Masters 1	-69kg
145.	Kobayashi Kazusa	F	Masters 1	-76kg
146.	Hoshino Kei	M	Juniors	-59kg
147.	Nakazato Kentaro	M	Juniors	-59kg
148.	Yamamoto Ryotaro	M	Juniors	-59kg
149.	Kitamura Orihi	M	Juniors	-66kg
150.	Inubushi Ryuichi	M	Juniors	-66kg
151.	Nemoto Keita	M	Juniors	-66kg
152.	Kariya Takahiro	M	Juniors	-74kg
153.	Inagaki Soranosuke	M	Juniors	-74kg
154.	Saito Mizuki	M	Juniors	-74kg
155.	Yashiro Kairu	M	Juniors	-74kg
156.	Goto Yusei	M	Juniors	-83kg
157.	Takahashi Rui	M	Juniors	-83kg
158.	Fuse Shota	M	Juniors	-93kg
159.	Watanabe Shinnosuke	M	Juniors	-93kg
160.	Nishioka Kaito	M	Juniors	-105kg
161.	Shishino Tomoya	M	Juniors	-105kg
162.	Matsui Shinsuke	M	Juniors	-105kg
163.	Hanamoto Toshiki	M	Juniors	-120kg

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164.	Matsuoka Tokio	M Juniors	-120kg
165.	Hataya Shogo	M Juniors	120+kg
166.	Kawahara Miu	F Juniors	-52kg
167.	Iura Nana	F Juniors	-57kg
168.	Inoue Makoto	F Juniors	-57kg
169.	Hori Momoka	F Juniors	-57kg
170.	Kida Mako	F Juniors	-63kg
171.	Sakaguchi Airi	F Juniors	-84kg
172.	Sato Risa	F Juniors	84+kg
173.	Komiya Elena	F Juniors	-69kg
174.	Horitate Mizuki	M Subjuniors	-53kg
175.	Maeda Akito	M Subjuniors	-53kg
176.	Tsuneishi Itto	M Subjuniors	-59kg
177.	Umakari Shuto	M Subjuniors	-59kg
178.	Yamashita Naoki	M Subjuniors	-66kg
179.	Hokugo Ryo	M Subjuniors	-74kg
180.	Okayama Sora	M Subjuniors	-74kg
181.	Shima Kyosuke	M Subjuniors	-74kg
182.	Deguchi Haruto	M Subjuniors	-83kg
183.	Okayama Sora	M Subjuniors	-83kg
184.	Emura Junichiro	M Subjuniors	-93kg
185.	Takase Keita	M Subjuniors	-93kg
186.	Someya Shion	F Subjuniors	-52kg
187.	Konishi Mao	F Subjuniors	-69kg
188.	Tsushima Ayane	F Subjuniors	-69kg
189.	Kubo Motohito	M Open	-59kg
190.	Tamura Yo	M Open	-59kg
191.	Tanaka Reo	M Open	-59kg
192.	Yoshioka Kyosuke	M Open	-59kg
193.	Goto Mahiro	M Open	-66kg
194.	Fukuda Masashi	M Open	-66kg
195.	Kadohori Ryosuke	M Open	-66kg
196.	Kikuchi Yosuke	M Open	-74kg
197.	Kudaka Masayuki	M Open	-74kg
198.	Otani Norihiro	M Open	-74kg
199.	Yokoyama Kosei	M Open	-74kg
200.	Kodama Daiki	M Open	-83kg
201.	Kobayakawa Wataru	M Open	-83kg
202.	Terunuma Naoki	M Open	-83kg
203.	Yamashita Kanta	M Open	-83kg
204.	Nakamura Seiya	M Open	-93kg
205.	Tsuruya Shimon	M Open	-93kg
206.	Yamashita Yasuki	M Open	-93kg
207.	Suzuki Yoshiki	M Open	-93kg
208.	Hasegawa Naoki	M Open	-105kg
209.	Matsushita Daiki	M Open	-105kg
210.	Hayashi Naoaki	M Open	-120kg
211.	Kase Satoshi	M Open	-120kg
212.	Nagai Yuta	M Open	-120kg

213.	Yamada Yusei	M	Open	-120kg
214.	Toyoshima Yasuhiro	M	Open	-120kg
215.	Hida Yoshihiro	M	Open	120+kg
216.	Koshiyama Kota	M	Open	120+kg
217.	Uemura Kazuho	M	Open	120+kg
218.	Fukuda Aya	F	Open	-47kg
219.	Kani Rie	F	Open	-47kg
220.	Kobayashi Naoko	F	Open	-47kg
221.	Ishibashi Akane	F	Open	-57kg
222.	Sugiyama Yuki	F	Open	-57kg
223.	Nishikawa Akiko	F	Open	-57kg
224.	Terada Yukie	F	Open	-57kg
225.	Takatsuto Mayuka	F	Open	-57kg
226.	Akagawa Tomoko	F	Open	-63kg
227.	Hamada Yuho	F	Open	-63kg
228.	Sakata Namiko	F	Open	-63kg
229.	Satoh Minami	F	Open	84+kg
230.	Nomura Yu	F	Open	-69kg
231.	Shibata Akina	F	Open	-69kg
232.	Sakata Namiko	F	Open	-69kg

Nauru {The Team in Total: 9}

Lifters: 2

1.	o'Brien Bessie	F	Juniors	84+kg
2.	Denuga Mesha'h	F	Open	-84kg

Team Members: 7

1.	Dabwido Robert	✓	Cat.II	✓	Coach-Referee [NFR]
2.	Uepa Jezza			✓	Head Coach
3.	Dekarube Elay			✓	Official
4.	Kun Robert			✓	Official
5.	Stephen Odessa			✓	Official
6.	Daniel Delphina			✓	Official
7.	Harris Irving			✓	Assistant Coach

New Zealand {The Team in Total: 55}

Lifters: 41

1.	Muldrock Patricia	F	Masters 4	-52kg
2.	Chipping Tracy	F	Masters 3	-84kg
3.	Evans Delwyn	F	Masters 3	-76kg
4.	Fordyce Christina	F	Masters 2	-76kg
5.	Mayo Kirk	M	Masters 1	-93kg
6.	Sexton Craig	M	Masters 1	-93kg
7.	Dillen Carolina	F	Masters 1	-69kg
8.	Maemura Yamato	M	Juniors	-74kg
9.	o'Rourke Raymond	M	Juniors	-74kg
10.	Campbell Caleb	M	Juniors	-83kg
11.	Henderson Samuel	M	Juniors	-83kg
12.	Louw Max	M	Juniors	-93kg
13.	Treekam Manav	M	Juniors	-93kg

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14.	Kerkhof Luca	M Juniors	-105kg
15.	Luo Daniel	M Juniors	-105kg
16.	Aprily Sifra	F Juniors	-52kg
17.	Taylor Zali	F Juniors	-69kg
18.	Soligo Fletcher	M Subjuniors	-66kg
19.	Cromie Leo	M Subjuniors	-105kg
20.	Stewart Kyle	M Subjuniors	-105kg
21.	Morgan Natahlia	F Subjuniors	-69kg
22.	Richards Lachlan	M Open	-74kg
23.	Louie Sam	M Open	-83kg
24.	Sichone Kavwa	M Open	-83kg
25.	Campbell Jamie	M Open	-93kg
26.	Mishra Raynan	M Open	-93kg
27.	King Sean	M Open	-105kg
28.	Kerr-Phillips Richard	M Open	-105kg
29.	Yasakith Ridma	M Open	-120kg
30.	Harteman Anthony	M Open	120+kg
31.	Moulin Courtney	F Open	-52kg
32.	Jennings Catherine	F Open	-57kg
33.	Murray Amanda	F Open	-57kg
34.	Hurndell Gillian	F Open	-63kg
35.	Stilwell Amanda	F Open	-84kg
36.	Hirst-Thynne Eloise	F Open	84+kg
37.	Ropata Riria	F Open	84+kg
38.	Lai Karen	F Open	-69kg
39.	Teale-Russ Waveney	F Open	-69kg

Team Members: 14

1.	Holmes Geoff	✓ Cat.II	✓ Assistant Coach-Referee [NFR]
2.	Lynch Rory	✓ Cat.I	✓ Head Coach-Referee [NFR]
3.	Clarke Jason		✓ Head Coach
4.	Jennings Jordan		✓ Coach
5.	Henderson Sam		✓ Assistant Coach
6.	Hema Kiri		✓ Assistant Coach
7.	Campbell Jamie		✓ Assistant Coach
8.	Dillen Carolina		✓ Assistant Coach
9.	Schroder James		✓ Head Coach
10.	Strachan John		✓ Coach
11.	Renall Adam		✓ Assistant Coach
12.	Munro Jono		✓ Assistant Coach
13.	Williams Tasha		✓ Assistant Coach
14.	Mishra Raynan		✓ Assistant Coach

Philippines {The Team in Total: 1}

Lifters: 1

1.	Gonzalvo Angela	F Open	-47kg
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Singapore {The Team in Total: 80}

Lifters: 62

1.	Brunkard John Paul	M Masters 3	-93kg
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2.	Schweiger Martin	M	Masters 3	-105kg
3.	Cheam Michelle	F	Masters 3	-63kg
4.	Chincholkar Ravikiran Krishna	M	Masters 2	-59kg
5.	Koike Tetsuo	M	Masters 2	-74kg
6.	Kurokawa Takefumi	M	Masters 2	-74kg
7.	Du Plessis Mark	M	Masters 2	-83kg
8.	Chong Yen Poen Teddy	M	Masters 2	-83kg
9.	Khoo Lin Pei Claudia	F	Masters 2	-52kg
10.	Enriquez Mark	M	Masters 1	-74kg
11.	Cheo Mingyou	M	Masters 1	-74kg
12.	Wong Keen	M	Masters 1	-83kg
13.	Tan Gabriel	M	Masters 1	-83kg
14.	Ti Seng Wei Edward	M	Masters 1	-93kg
15.	Pritchard Jon-Paul	M	Masters 1	-105kg
16.	Ong Berni	F	Masters 1	-57kg
17.	Tan Sze Yin Saudi	F	Masters 1	-63kg
18.	Abdul Razak Rozana	F	Masters 1	84+kg
19.	Norliyana Binte Jumahat	F	Masters 1	-69kg
20.	Ng Zhen Wei Wendy	F	Masters 1	-76kg
21.	Foo Shun Han	M	Juniors	-59kg
22.	Muhammad Rizqin Bin Mohammad Yazid	M	Juniors	-66kg
23.	Ong Tze Chen	M	Juniors	-66kg
24.	Goh Nikki	M	Juniors	-74kg
25.	Ho Tristan	M	Juniors	-74kg
26.	Ong Shao Xuan Ashton	M	Juniors	-83kg
27.	Owl Rui Xu Caeden	M	Juniors	-93kg
28.	Andrew O'Hehir Samuel	M	Juniors	-105kg
29.	Lim Qin Wei	F	Juniors	-43kg
30.	Tan Faith	F	Juniors	-47kg
31.	Low Lin Xuan Glenda	F	Juniors	-57kg
32.	Tang Chloe	F	Juniors	-57kg
33.	Hmone Nanthar Htut	F	Juniors	-63kg
34.	Yee Yue Ning	F	Juniors	-63kg
35.	Alatas Binte Syed Idris Sharifah Jenna	F	Juniors	84+kg
36.	Teo Jun Le Lucas	M	Subjuniors	-53kg
37.	Rayyan Bin Suhaimi Luth	M	Subjuniors	-59kg
38.	Ng Elijah	M	Subjuniors	-66kg
39.	Sum Mu-Yi Matthew	M	Subjuniors	-66kg
40.	Darwish Bin Johari Hayyan	M	Subjuniors	-74kg
41.	Ilhan Faheem Bin Zainal Abidin	M	Subjuniors	-74kg
42.	Muhammad Firas Bin Johan	M	Subjuniors	-83kg
43.	Zhang Shu Bin Bryan	M	Subjuniors	-83kg
44.	Tan Zhi Ming Paul	M	Subjuniors	-93kg
45.	Lee Jia Rong Pixel	F	Subjuniors	-63kg
46.	Eirdina Binte Azmi Harithah	F	Subjuniors	-69kg

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47. Cheong Cheng Wen	M	Open	-74kg
48. Por Sean	M	Open	-74kg
49. Ning Dino	M	Open	-83kg
50. Chong Kenzo	M	Open	-83kg
51. Herman Hud	M	Open	-93kg
52. Toh Lyman	M	Open	-93kg
53. Tan de Teng Malcolm	M	Open	-105kg
54. Muhammad Adam McIlroy	M	Open	-120kg
55. Ong Siew Chan Kelly	F	Open	-52kg
56. Peh Jolyn	F	Open	-52kg
57. Tiong Natalie	F	Open	-63kg
58. Ong Yi Syuen	F	Open	-63kg
59. Widjaja Sarah	F	Open	-84kg
60. Amran Nur	F	Open	84+kg
61. Khwang Hayley	F	Open	-69kg
62. Xie Thuy	F	Open	-76kg

Team Members: 18

1. Lee Clinton	✓	Head Coach
2. Jun Jie Ng	✓	Coach
3. Joon Khong Goh	✓	Coach
4. Barcelo James	✓	Coach
5. Ong Jonus	✓	Coach
6. Chua McGere	✓	Coach
7. Boon Densun	✓	Coach
8. Ang Wei Cong	✓	Coach
9. Farid Farhanna	✓	Coach
10. Lim Bryan	✓	Assistant Coach
11. Ong Berni	✓	Assistant Coach
12. Cheong Cheng Wen	✓	Assistant Coach
13. Tan Saudi	✓	Head Coach
14. Yong Joben	✓	Head Coach
15. Zaini Alif	✓	Coach
16. Tan Bobby	✓	Coach
17. Tan Pepin	✓	Coach
18. Yap Matthew	✓	Coach

South Korea {The Team in Total: 19}

Lifters: 17

1. Lee Moonhwan	M	Masters 2	-83kg
2. Bae Kyungse	M	Masters 1	-120kg
3. Kim Yumin	F	Masters 1	-57kg
4. Chae Dong Gyu	M	Juniors	-74kg
5. Kim Tae Wook	M	Juniors	-83kg
6. Bekali Gartman	M	Juniors	-105kg
7. Lee Jungwon	M	Open	-66kg
8. Lee Kiho	M	Open	-74kg
9. Kim Kangmin	M	Open	-74kg
10. Kim Chulki	M	Open	-83kg
11. Jung Siwoo	M	Open	-93kg

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12. Choi Junwon	M	Open	-93kg
13. Jang Jun Won	M	Open	-120kg
14. Kim Seongjun	M	Open	120+kg
15. Kim Songhee	F	Open	-57kg
16. Jeong Younglim	F	Open	-57kg
17. An Jeongmin	F	Open	-63kg

Team Members: 2

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|-----------------|--------------|
| 1. Jung Siwoo | ✓ Head Coach |
| 2. Kim Veronica | ✓ Coach |

Thailand {The Team in Total: 14}

Lifters: 13

1. Pascoe Pranee	F	Masters 3	-47kg
2. Thitithanchayawanich Rattana	F	Masters 2	-76kg
3. Hunziker Dennis	M	Masters 1	-83kg
4. Jivakanont Warit	M	Juniors	-66kg
5. Dokmai Kittipat	M	Juniors	-83kg
6. Kongmebhol Pawit	M	Subjuniors	-74kg
7. Jitsajjapong Wittha	M	Subjuniors	-83kg
8. Ramirez Daniel	M	Subjuniors	-105kg
9. Saeung Sirawit	M	Open	-59kg
10. Campopiano Cory	M	Open	-105kg
11. Phuangjhan Natthachat	M	Open	-120kg
12. Nuwaboot Nattacha	F	Open	-52kg
13. Decock Charlotte	F	Open	-52kg

Team Members: 1

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| 1. Lucey Peter | ✓ Head Coach |
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Summary Table

Number of Lifters	2025 Asian / Pacific / African Men's Equipped Powerlifting Championships	56
	2025 Asian / Pacific / African Women's Equipped Powerlifting Championships	25
	2025 Asian / Pacific / African Men's Equipped Bench Press Championships	45
	2025 Asian / Pacific / African Women's Equipped Bench Press Championships	30
	2025 Asian / Pacific / African Men's Classic Powerlifting Championships	166
	2025 Asian / Pacific / African Women's Classic Powerlifting Championships	114
	2025 Asian / Pacific / African Men's Classic Bench Press Championships	54
	2025 Asian / Pacific / African Women's Classic Bench Press Championships	45
Persons as ...	Referee	0
	Representative	63
	Referee & Representative	7
All Together		605